

**2005**

**Quince Orchard  
High School  
Cougar Relays**



**April 16, 2005**



# MEET RECORDS

## Girls

### 4x100/110 Shuttle Hurdles

1:14.1 Walter Johnson, 2003

9:53.5 Walter Johnson, 2003

1:46.6 John F. Kennedy, 2004  
Miller, Simpson, Jenkins, Kuto-Akoi

5:11.7 Susan Hendrick- Patuxent, 2003

46.9 Toni Aluko- Paint Branch, 2004

50.2 Damascus, 2004  
Zoller, Obendorfer, Amon, Clay

4:06.8 Damascus, 2004  
Owusu, Obendorfer, Amon, Clay

13:15.4 Walter Johnson, 2003

422.1 Richard Montgomery, 2003  
Love, Mordi, Ligon, Rochester

62-01.5 Paint Branch, 2004  
Fauntleroy, Bettis

169-10 Quince Orchard, 2004  
Afkhami, Duff

10-02 Paint Branch, 2004  
Aluko, Warren

29-07 Damascus, 2004  
Zoller, Durieu

66-01 Paint Branch, 2004  
Aluko, Aluko

## Boys

1:08.2 Northwest, 2003  
Brownlee, Davis, Tunis, Whittaker

8:21.6 Walter Johnson, 2003

1:33.2 High Point, 2004  
Akinawa, Glover, Servance, Quashie

4:26.1 Awit Yohannes- Magruder, 2003

41.2 Jason Brody- Magruder, 2004

44.6 Quince Orchard, 2004  
Farrow, Flickinger, Alli, George

3:30.7 Richard Montgomery, 2004  
Ligon, Brown, Ryan, Schafer

11:13.3 Walter Johnson, 2003

3:44.2 Gaithersburg, 2004  
Robinson, Johnson, Matamba, Martinez

95-07.5 Wootton, 2003  
Wasser, Roshstein

267-04 Gaithersburg, 2004  
Tozer, Bridgers

11-08 Northwest, 2003  
Brownlee, Croswell

38-00 Poolsville, 2004  
Brooks, Riggs

84-09.75 Gaithersburg, 2004  
Johnson, Robinson

### 4x800 Relay

### 4x200 Relay

### 1600 Run

### 300 Hurdles

### 4x100 Relay

### 4x400 Relay

### Distance Medley Relay

### Sprint Medley Relay

### Shot Put Relay

### Discus Throw Relay

### High Jump Relay

### Long Jump Relay

### Triple Jump Relay

## The Devil Takes the Hind Most

The Devil Takes the Hind Most is a most insidious event. All contestants start together and after completing two laps, the devil removes the last three runners. This process repeats each lap until there are fewer than 20 runners, at which point, the devil will only remove the last two runners. When there are fewer than 8 running the devil takes only one runner. The event ends as the final two runners race it out to the finish.

Note: If a runner is lapped, they are removed from the field automatically and the judge may still remove two runners depending on where the runner was lapped. If the third last runner has crossed the start line before the judge is aware of the lapped runner, that runner remains in the race...though not for long!

### Previous Champions

#### 2004

Girls- Rachel Unger, Poolesville High School

15 laps, 22:21

Boys- Zach Martinez, Gaithersburg High School

24 laps, 29:29

#### 2003

Girls- Janelle Thompson, Poolesville High School

14 laps, 24:27

Boys- Kevin Gaske, Wootton High School

14 laps, 18:11