

# 27<sup>th</sup> Annual C.W. Woodward Relays



The events will be run in the following order:

- \*1 6400m relay (boys slower section)
2. 3200m relay (girls)
3. 800m relay (girls)
4. 3200m relay (boys)
5. 800m relay (boys)
6. Shuttle hurdles (girls) : 4x100 meters - 10 hurdles
7. Shuttle high hurdles (boys) : 4x110m - 10 hurdles
8. Distance medley (girls) : 800m, 400m, 1200m, 1600m
9. Distance medley (boys)
10. 400m relay (girls)
11. 400m relay(boys)
12. Sprint medley (girls) : 400, 200, 200, 800
13. Sprint medley (boys)
14. 6400m relay (girls)
15. 6400m relay (boys)
- \*\*\*16. 300 meter intermediate hurdles relay (girls)
- \*\*\* 17. 300 meter intermediate hurdle relay (boys)
18. 1600m relay (girls)
19. 1600m relay (boys)
- \*\*20. Steeplechase (girls) : Open to any competitor who has not exceeded the maximum participation limit. Limit two participants per school.
- \*\*21. Steeplechase (boys)
- \*\*22. Coed relay: boy - 400, girl - 200, boy - 200, girl - 400

\* In order to speed up the meet, the slower heat of the four mile relay will begin promptly at 8:30 am. Coaches will be notified if their teams do NOT qualify for the seeded section and will be expected to run in this race.

\*\* Events do not count in the overall scoring of the meet.

\*\*\* The intermediate hurdle relays will be run with all first runners against each other and so on with the winner determined by the combined time.

Field Event relays will begin at 8:30 and run as follows:

Girls Shot & Discus (2 girls) & Boys (3) Shot & Discus  
Girls (2) High Jump followed by Boys (3) High Jump (Spikes may be worn)  
Girls (2) Long Jump & Boys Triple Jump  
Girls Triple Jump & Boys Long Jump - immediately following  
Girls discus immediately after boys discus

**Judge Charles W. Woodward Relays All-Time Records**

**Four Mile Relay**

(boys) Landon: Spencer, Parker, Schlep, Kerwin [18:04.6] '79

(girls) BCC: Browne, Fredrickson, Douglass, Hughes [22:10.0] '79

**Two Mile Relay**

(boys) Quince Orchard: Virmani, Harry, Birdsell, Luko [7:55.38] '92

(girls) Good Counsel [9:31.48] '97

**Distance Medley**

(boys) Landon: Schlep, Aikeu, Kerwin, Parker [10:17.6] '79

(girls) BCC: Cooney, Oberland, Douglass, Hughes [12:40.9] '79

**Sprint Medley**

(boys) Georgetown: Plank, Maier, Saunders, Donegan [3:31.6] '77

(girls) Good Counsel: [4:14.64] '96

**Mile Relay**

(boys) Springbrook: Brown, Marsh, Marshall, Mondy [3:24.15] '92

(girls) Watkins Mill: [4:02.27] '95

**800 Relay**

(boys) Kennedy: Johnson, Walker, Russell, LeMone [1:29.66] '85

(girls) Paint Branch: [1:44.26] '95

**400 Relay**

(boys) Seneca Valley: Foreman, Bercaw, Tittley, Drain [43.2] '82

(girls) Einstein: Moon, Harris, Owens, Barnes [49.99] '88

**Shuttle High Hurdles**

(boys) Good Counsel: Eisele, Rubama, Hillyard, Moritarity [1:01.3] '83

(girls) Robinson: McKnight, Crawford, Seeley, Sharma [1:06.60] '95

**Steeplechase**

(boys) Woodward: J. Camp [4:28.6] '82

(girls) Einstein: M. Bodnar [5:49.4] '82

**Intermediate Hurdles**

(boys) Churchill: Donaldson, Seridan, Pearson, McMurphy [2:42.40] '94

(girls) Robinson: [3:17.06] '96

**Coed Relay**

Gaithersburg: McFarlane, Addson, Cody, Wermiel [2:42.39] '94

**Field Event Relay**

(girls) Churchill: Grupenhoff, Mullin, Mcfarren, Simon [2746 points] '79

**Long Jump**

(boys) Good Counsel: Moye, Jones, Pendarvaris [63'3"] '90

(girls) Magruder: Palmer, Evans [33.7 1/2"] '85

**High Jump**

(boys) Gaithersburg: Wetmac, Moxlex, McGorty [18'10"] '79

(girls) Sherwood: Beth Hanlon, Ginny Hanlon [10'04"] '85

(girls) Wheaton: \ '95

**Triple Jump**

(boys) Carroll: Barnhill, Brown, Downs [132'11] '86

(girls) Churchill: Gailliard, Hecht [68'9"] '90

**Shot Put**

(boys) Georgetown Prep: Jawish, Perce, Haley [159'3 1/4"] '77

(girls) Howard: Governor, Reader [71'0"] '84

**Discus**

(boys) Churchill: Hiedel, Sagerholm, Holloway [434'3 1/2] '77

(girls) Quince Orchard: Odom, Kura [215'1"] '98

[214'2"] '95

**Pole Vault**

(boys) Churchill: Darling, Garnity, Lee [36'] '77

(girls) Middletown: Dye, Walter [18'6"] '98

## Boys Team Champions

1973	Woodward and Churchill	76 points
1974	Springbrook	61 points
1975	Churchill	78 ½ points
1976	Georgetown Prep	100 points
1977	Churchill	60 points
1978	Churchill	66 points
1979	Peary and Blair	61 points
1980	Blair	62 points
1981	Blair	63 points
1982	Seneca Valley	76 points
1983	Good Counsel	101 points
1984	Good Counsel	108 points
1985	Good Counsel	104 points
1986	Carrol	98 points
1987	Carrol	62 points
1988	Einstein	64 points
1989	Good Counsel	58 points
1990	Good Counsel	65 points
1991	Linganore	59 points
1992	Gonzaga	64 points
1993	Quince Orchard	84 points
1994	Gonzaga	78 points
1995	Gaithersburg	83 points
1996	Quince Orchard	48 points
1997	Gonzaga	86 points
1998	Good Counsel	72 points

## Girls Team Champions

1977	Kennedy	42 points
1978	B-CC	60 points
1979	B-CC	66 points
1980	B-CC	71 points
1981	Churchill	72 points
1982	Churchill	78 points
1983	Whitman	88 points
1984	Churchill	84 points
1985	Churchill	78 points
1986	Linganore	64 points
1987	Whitman	72 points
1988	Linganore	88 points
1989	Whitman	82 points
1990	Good Counsel	80 points
1991	Whitman	87 points
1992	Linganore	67 points
1993	Linganore	76 points
1994	Robinson	80 points
1995	Robinson	88 points
1996	Linganore	92 points
1997	Good Counsel	69 points
1998	Good Counsel	75 points