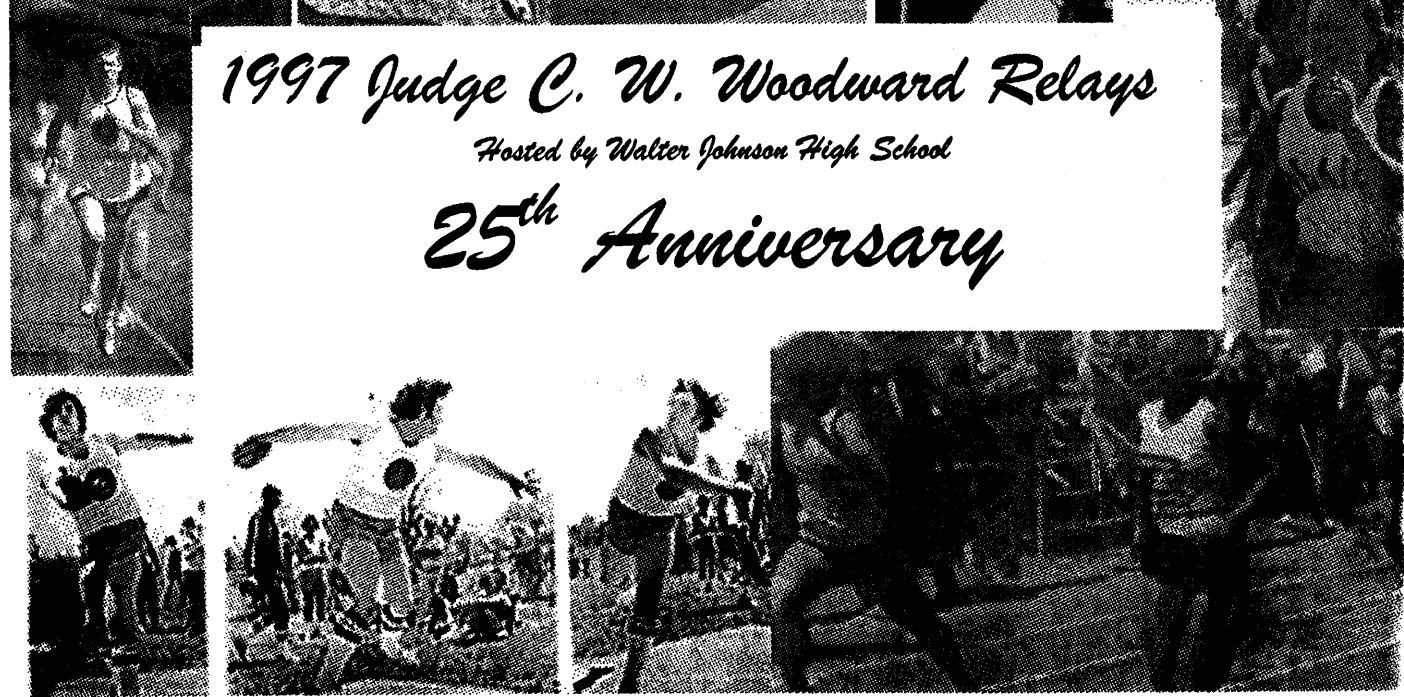




# *1997 Judge C. W. Woodward Relays*

*Hosted by Walter Johnson High School*

## *25<sup>th</sup> Anniversary*



For twenty six years, I have coached three sports for Montgomery County Public Schools.

Twenty-five of those years have been devoted to keeping the Judge Woodward Relays alive.

When Woodward H.S. closed eleven years ago, I was able to hold the relays at Walter Johnson thanks to then principal, Pete Tribely. After two years the meet moved to Montgomery College with special help from Dan Reeks and then to Richard Montgomery H.S. After I became head outdoor coach at Walter Johnson, the meet returned to the current location. During all that time, the meet has always been the Woodward Relays. The tee shirts on sale today represent the mascots of the current site, the Wildcat for W.J. and Woodward High School, the Knight for Montgomery College, and the Rocket for Richard Montgomery H.S. Calvin Lee, a former runner of mine at R.M., designed the shirt.

I would especially like to thank my family. My wife who helped me start the meet and fueled many new ideas, my daughters, Jill and Erin who have been participants as well as workers, and my sons Kelly and Shaun, who even thought they picked other spring sports to participate in, have always offered their help. I want them to know I love them and thank them for helping me keep this meet alive.

  
Greg Dunston  
Director



The events will be run in the following order:

- \*1 6400m relay (boys slower section)
2. 3200m relay (girls)
3. 800m relay (girls)
4. 3200m relay (boys)
5. 800m relay (boys)
6. Shuttle hurdles (girls) : 4x100 meters - 10 hurdles
7. Shuttle high hurdles (boys) : 4x110m - 10 hurdles
8. Distance medley (girls) : 800m, 400m, 1200m, 1600m
9. Distance medley (boys)
10. 400m relay (girls)
11. 400m relay (boys)
12. Sprint medley (girls) : 400, 200, 200, 800
13. Sprint medley (boys)
14. 6400m relay (girls)
15. 6400m relay (boys)
- \*\*\*16. 300 meter intermediate hurdles relay (girls)
- \*\*\*17. 300 meter intermediate hurdle relay (boys)
18. 1600m relay (girls)
19. 1600m relay (boys)
- \*\*20. Steeplechase (girls) : Open to any competitor who has not exceeded the maximum participation limit. Limit two participants per school.
- \*\*21. Steeplechase (boys)
- \*\*22. Coed relay: boy - 400, girl - 200, boy - 200, girl - 400

\* In order to speed up the meet, the slower heat of the four mile relay will begin promptly at 8:30 am. Coaches will be notified if their teams do NOT qualify for the seeded section and will be expected to run in this race.

\*\* Events do not count in the overall scoring of the meet.

\*\*\* The intermediate hurdle relays will be run with all first runners against each other and so on with the winner determined by the combined time.

Field Event relays will begin at 8:30 and run as follows:

Girls Shot & Discus (2 girls) & Boys (3) Shot & Discus  
Girls (2) High Jump followed by Boys (3) High Jump (Spikes may be worn)  
Girls (2) Long Jump & Boys Triple Jump  
Girls Triple Jump & Boys Long Jump - immediately following

The Woodward Relays has become my annual rite of passage into spring. As a member of the last graduating class of Woodward High School in 1987, I ran in the meet for four years. And now as the coach at Richard Montgomery High School, I bring my runners every year to compete. This year's 25<sup>th</sup> running of the meet is a sure indication of the popularity of this truly unique event. The Woodward Relays began in 1973, in Greg Dunston's second year of coaching, at Woodward High School in Rockville. He started the meet because there were few true relay meets around (even then, the mind of Greg Dunston was crazily working at breakneck speed, bursting with ideas). Fifteen teams attended that first year—all boys teams. Girls weren't added until 1977. Current coaches like Al Bellman at Watkins Mill and Fran Perry at Gaithersburg coached Kennedy and Northwood, respectively, at the first Woodward Relays. And the meet has had its share of track stars. For instance, Jim Peterson (Wheaton) broke 4:00 in the mile in college, Cathy Rattray (B-CC) ran for the Jamaican Olympic team, and Balazs Koranyi (WJ) ran in the semi-finals of the 800m in the 1996 Olympics in Atlanta.

Part of the allure of the meet has always been its wide variety of events that are found at few other meets. It is a relay carnival in the truest sense. On the track, the steeplechase and the co-ed relay are always popular with the athletes. And the four-mile relay, shuttle hurdles, and intermediate hurdle relay are also rarely found at other meets. In the field, the full complement of events is also represented in relay fashion, another unusual facet that makes the Woodward Relays so exciting to be a part of.

I remember my days at Woodward quite vividly. We spent the two days of practice before the meet preparing the track. On Saturday morning, we got to the track early to help Mr. Dunston prepare the area. Naturally, he would already have been there well before sunrise. We Woodward runners always sat under the tiny tree outside the entrance to the boys locker room. From here we could see the cows grazing and the vast meadows beyond the athletic fields, areas now filled with residential neighborhoods. And we loved the spaciousness of our track. The lanes were luxuriously wide, with ample legroom and armroom—for two runners. Our track had only five lanes, although it was designed for six lanes. The spectators, however, did not enjoy this same feeling of spaciousness, but this was one of the fantastic things about the meet. Spectators and athletes had to sit either on the bleachers or on the adjacent grassy hill, all on the homestretch. The near turn sat at the base of a sloping hill filled with trees and bushes, while the backstretch and far turn actually rested at the top of a small hill. As a result, spectators had little room to sit. On the other hand, the excitement and noise generated by these close quarters was great for us runners. We sprinted to the finish line, spurred on by a homestretch that was overflowing with spectators.

The weather usually cooperated every year for the meet. One year, though, I remember the cold rain pelting us with every step on the puddle-filled track. All of the athletes huddled in the cafeteria for warmth, emerging only when the announcer called their events. Still, the poor weather wouldn't stop the large turnout of fans. One of the great things about the meet was its strong tie to the community. The meet was akin to a block party, with students and community members coming out in large numbers. For many of them, Woodward Relays was the only track meet of the year they would attend, but it was an event they wouldn't miss.

In some ways, the meet really hasn't changed over the years, despite the change in venue. There are a few differences, to be sure. It has increased in size and popularity. Now-defunct schools such as Woodward, Peary, and Northwood have been replaced with newer schools like Quince Orchard and Watkins Mill. But much of the personnel remain the same. I remember running against many of the same coaches who still bring their teams to the relays today, and the Dunston children still scamper around helping wherever needed. And Greg runs the entire meet in two fashions: he is the meet director, but he also never stops physically running for the duration of the meet, keeping things well under control. As meet director, he is still able to significantly expand his and his team's wardrobe with his scavenger-like scouring of the track area after the teams have left.

As one of Dunston's former runners, I shall now shamelessly compliment my old coach. For four years I ran for him, and his influence on me as a runner, coach, and human being still endures. Greg is a tireless worker for both his runners at Walter Johnson High School and for the betterment of Montgomery track as a whole. He has a genuine concern for the direction in which our sport is headed in the county. Woodward Relays is a perfect representation of Greg; it is symbolic of the dedication and effort he has put into his coaching for over 25 years. Greg's goal has always been to make the meet as enjoyable as possible for the kids. Twenty-five years of runners can vouch for this.

Ben Oipari  
Head coach, Richard Montgomery HS

## **Boys Team Champions**

1973	Woodward and Churchill	76 points
1974	Springbrook	61 points
1975	Churchill	78 ½ points
1976	Georgetown Prep	100 points
1977	Churchill	60 points
1978	Churchill	66 points
1979	Peary and Blair	61 points
1980	Blair	62 points
1981	Blair	63 points
1982	Seneca Valley	76 points
1983	Good Counsel	101 points
1984	Good Counsel	108 points
1985	Good Counsel	104 points
1986	Carrol	98 points
1987	Carrol	62 points
1988	Einstein	64 points
1989	Good Counsel	58 points
1990	Good Counsel	65 points
1991	Linganore	59 points
1992	Gonzaga	64 points
1993	Quince Orchard	84 points
1994	Gonzaga	78 points
1995	Gaithersburg	83 points
1996	Quince Orchard	48 points

## **Girls Team Champions**

1977	Kennedy	42 points
1978	B-CC	60 points
1979	B-CC	66 points
1980	B-CC	71 points
1981	Churchill	72 points
1982	Churchill	78 points
1983	Whitman	88 points
1984	Churchill	84 points
1985	Churchill	78 points
1986	Linganore	64 points
1987	Whitman	72 points
1988	Linganore	88 points
1989	Whitman	82 points
1990	Good Counsel	80 points
1991	Whitman	87 points
1992	Linganore	67 points
1993	Linganore	76 points
1994	Robinson	80 points
1995	Robinson	88 points
1996	Linganore	92 points

**Judge Charles W. Woodward Relays All-Time Records**

**Four Mile Relay**

(boys) Landon: Spencer, Parker, Schlep, Kerwin [18:04.6] '79

(girls) BCC: Browne, Fredrickson, Douglass, Hughes [22:10.0] '79

**Two Mile Relay**

(boys) Quince Orchard: Virmani, Harry, Birdsell, Luko [7:55.38] '92

(girls) BCC: Rattray, Douglass, Fredrickson, Hughes [9:38.1] '79

**Distance Medley**

(boys) Landon: Schlep, Aikeu, Kerwin, Parker [10:17.6] '79

(girls) BCC: Cooney, Oberland, Douglass, Hughes [12:40.9] '79

**Sprint Medley**

(boys) Georgetown: Plank, Maier, Saunders, Donegan [3:31.6] '77

(girls) Good Counsel: [4:14.64] '96

**Mile Relay**

(boys) Springbrook: Brown, Marsh, Marshall, Mondy [3:24.15] '92

(girls) Watkins Mill: [4:02.27] '95

**800 Relay**

(boys) Kennedy: Johnson, Walker, Russell, LeMone [1:29.66] '85

(girls) Paint Branch: [1:44.26] '95

**400 Relay**

(boys) Seneca Valley: Foreman, Bercaw, Tittley, Drain [43.2] '82

(girls) Einstein: Moon, Harris, Owens, Barnes [49.99] '88

**Shuttle High Hurdles**

(boys) Good Counsel: Eisele, Rubama, Hillyard, Moritarity [1:01.3] '83

(girls) Robinson: McKnight, Crawford, Seeley, Sharma [1:06.60] '95

**Steeplechase**

(boys) Woodward: J. Camp [4:28.6] '82

(girls) Einstein: M. Bodnar [5:49.4] '82

**Intermediate Hurdles**

(boys) Churchill: Donaldson, Seridan, Pearson, McMurphy [2:42.40] '94

(girls) Robinson: [3:17.06] '96

**Coed Relay**

Gaithersburg: McFarlane, Addson, Cody, Wermiel [2:42.39] '94

**Field Event Relay**

(girls) Churchill: Grupenhoff, Mullin, Mcfarren, Simon [2746 points] '79

**Long Jump**

(boys) Good Counsel: Moye, Jones, Pendarvaris [63'3"] '90

(girls) Magruder: Palmer, Evans [33.7 ½"] '85

**High Jump**

(boys) Gaithersburg: Wetmac, Moxlex, McGorty [18'10"] '79

(girls) Sherwood: Beth Hanlon, Ginny Hanlon [10'04"] '85

(girls) Wheaton: \ '95

**Triple Jump**

(boys) Carroll: Barnhill, Brown, Downs [132'11] '86

(girls) Churchill: Gailliard, Hecht [68'9"] '90

**Shot Put**

(boys) Georgetown Prep: Jawish, Perce, Haley [159'3 ¼"] '77

(girls) Howard: Governor, Reader [71'0"] '84

**Discus**

(boys) Churchill: Hiedel, Sagerholm, Holloway [434'3 ½] '77

(girls) Robinson [214'2"] '95

**Pole Vault**

(boys) Churchill: Darling, Garnity, Lee [36'] '77

## **National High School Prep Records**

### **Boys:**

4x100 .....	40.09	Texas	5/10/91
4x200 .....	1:24.8y	Louisiana	5/05/78
.....	1:24.8	Texas	3/30/79
4x400 .....	3:07.40	California	4/06/85
4x800 .....	7:34.8	Illinois	5/07/78
.....	7:35.6y	New York	6/07/66
.....	7:35.6y	New York	6/07/66
4x1500 .....	16:03.7	Oregon	4/30/82
4x1600 .....	17:04.7	Texas	3/01/86
4xMile .....	17:06.6	Oregon	5/07/76
SpMed .....	3:21.15	California	3/16/85
DisMed .....	9:53.31	Texas	5/09/87
4x110H.....	56.51	Florida	4/13/96

### **Girls:**

4x100 .....	45.11	California	5/25/85
4x200 .....	1:36.46	Texas	4/23/83
4x400 .....	3:37.38	California	6/15/96
4x800 .....	8:55.63	New York	6/14/88
4x1500 .....	18:52.5	California	4/23/82
4x1600 .....	20:20.87	New York	6/11/85
4xMile .....	20:34.4	New Jersey	5/17/83
SpMed .....	3:55.3	Colorado	4/10/96
(low-alt).....	3:55.73	Pennsylvania	6/14/96
DisMed .....	11:43.53	California	4/24/82
4x110H(30")	.56.78	California	6/08/85
4x110H(33")	.59.2	Pennsylvania	4/22/96

**Here is a list of all the  
people who spent time  
working on this program.**



***Don Shepherd  
John Graves  
Stella Graves  
Donna Dunston  
Greg Dunston  
Lisa Morenoff  
Ben Oipari  
Eric Winkler***



***Howard Marans (Me) – I typed  
90% of this program.***





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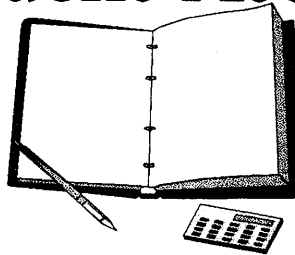
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Fax: 301-340-6673

# HIGH JUMP-GIRLS

1. MAG
  2. LING
  3. GC
  4. BOW
  5. WOO
  6. SV
  7. SP
  8. GBURG
  9. WH
  10. ROCK
  11. BCC
  12. BO'C
  13. QO
  14. JFK
  15. WJ
  16. JWR
  17. MID
  18. SH
  19. RM
  20. DAM
- I
- II

1. DAM
  2. BCC
  3. WM
  4. ROCK
  5. SP
  6. SV
  7. LING
  8. MAG
  9. CH
  10. RM
  11. JFK
  12. GON
  13. WOO
  14. WH
  15. GP
  16. GC
  17. JWR
  18. WJ
  19. QO
  20. SH
  21. BOW
  22. MID
  23. DEM
  24. GBURG
  25. PB
- I
- II
- III

A.M.

6400M RELAY-BOYS

MORNING

HEAT 1

1. CH
2. BCC
3. BOW
4. DAM
5. WM
6. SP
7. GP
8. ROCK
9. QO
10. B""
11. RM
12. MAG
- 13.

P.M.

HEAT 2

1. PB
2. LING
3. MAG
4. GC
5. WJ
6. QO
7. DEM
8. BO'C
9. MID
10. JWR
11. GBURG
12. GON
13. SH

AFTERNOON

4 X 800 RELAY-GIRLS

HEAT 1

1. WOO
2. JFK
3. SH
4. MID
5. SV
6. BCC
7. WH
8. BOW
9. GBURG
10. HC
11. ROCK

HEAT 2

1. GC
2. RM
3. WJ
4. LING
5. WM
6. SP
7. BO'C
8. MAG
9. QO
10. JWR
11. CH

4 X 200 RELAY-GIRLS

HEAT 1

- LANE 1 QO  
LANE 2 JFK  
LANE 3 GBURG  
LANE 4 CH  
LANE 5 DAM  
LANE 6 ROCK'B'

HEAT 3

- LANE 1 SH  
LANE 2 WM  
LANE 3 SP  
LANE 4 BO'C  
LANE 5 JWR  
LANE 6 WH

HEAT 2

- LANE 1 WOO  
LANE 2 SV  
LANE 3 MAG  
LANE 4 ROCK  
LANE 5 MID  
LANE 6 HC

HEAT 4

- LANE 1 WJ  
LANE 2 GC  
LANE 3 BOW  
LANE 4 LING  
LANE 5 BCC  
LANE 6 RM

# 4 X 800 RELAY-BOYS

## HEAT 1

1. GBURG
2. BO'C
3. BCC
4. WOO
5. SP
6. WM
7. ROCK
8. SV
9. BOW
10. CH
11. JFK
12. WH
13. ROCK

## HEAT 2

1. LING
2. RM
3. MID
4. DEM
5. WJ
6. PB
7. GC
8. GON
9. MAG
10. JWR
11. SH
12. QO
13. DAM

# 4 X 200 RELAY-BOYS

## HEAT 1

- LANE 1  
LANE 2 GB  
LANE 3 GP  
LANE 4 ROCK  
LANE 5  
LANE 6

## HEAT 3

- LANE 1 ROCK  
LANE 2 SV  
LANE 3 WOO  
LANE 4 MAG  
LANE 5 BO'C  
LANE 6 JWR

## HEAT 4

- LANE 1 SH  
LANE 2 DEM  
LANE 3 WH  
LANE 4 DAM  
LANE 5 MID  
LANE 6 WM

## HEAT 2

- LANE 1 CH  
LANE 2 JFK  
LANE 3 LING  
LANE 4 WJ  
LANE 5 BCC  
LANE 6 PB

## HEAT 5

- LANE 1 SP  
LANE 2 BOW  
LANE 3 GON  
LANE 4 GC  
LANE 5 QO  
LANE 6 RM

# SHUTTLE HURDLES-GIRLS

## HEAT 1

- LANES 1 & 2 LING  
LANES 3 & 4 DAM  
LANES 5 & 6 CH

## HEAT 2

- LANES 1 & 2 MID  
LANES 3 & 4 GC  
LANES 5 & 6 GBURG

## HEAT 3

- LANES 1 & 2 JWR  
LANES 3 & 4 WJ  
LANES 5 & 6 SH

## HEAT 4

- LANES 1 & 2 BO'C  
LANES 3 & 4 SP  
LANES 5 & 6 MAG

## HEAT 5

- LANES 1 & 2  
LANES 3 & 4 QO  
LANES 5 & 6 JFK

## HEAT 6

- LANES 1 & 2  
LANES 3 & 4 ROCK  
LANES 5 & 6 WJ'B'

# SHUTTLE HURDLES-BOYS

## HEAT 1

LANES 1 & 2 DEM  
LANES 3 & 4 CH  
LANES 5 & 6 GON

## HEAT 2

LANES 1 & 2 MAG  
LANES 3 & 4 PB  
LANES 5 & 6 MID

## HEAT 3

LANES 1 & 2 SH  
LANES 3 & 4 GC  
LANES 5 & 6 SP

## HEAT 4

LANES 1 & 2 QO  
LANES 3 & 4 BOW  
LANES 5 & 6 GB

## HEAT 5

LANES 1 & 2 JWR  
LANES 3 & 4 JFK  
LANES 5 & 6 WM

## HEAT 6

LANES 1 & 2  
LANES 3 & 4 BO'C  
LANES 5 & 6 WJ

## HEAT 7

LANES 1 & 2  
LANES 3 & 4 ROCK  
LANES 5 & 6 LING

# DISTANCE MEDLEY-GIRLS

## HEAT 1

1. WOO  
2. HC  
3. CH  
4. MID  
5. JFK  
6. SH  
7. GBURG  
8. BOW  
9. SP  
10. WH  
11. ROCK

## HEAT 2

1. GC  
2. RM  
3. LING  
4. WJ  
5. WM  
6. SV  
7. QO  
8. MAG  
9. BCC  
10. DAM  
11. JWR

# DISTANCE MEDLEY-BOYS

## HEAT 1

1. JWR  
2. GBURG  
3. SH  
4. MAG  
5. BOW  
6. WOO  
7. BO'C  
8. CH  
9. SP  
10. WH  
11. JFK  
12. ROCK  
13. MAG

## HEAT 2

1. PB  
2. LING  
3. WJ  
4. RM  
5. DAM  
6. MID  
7. DEM  
8. GON  
9. GC  
10. QO  
11. BCC  
12. GP  
13. WM

## HEAT 1

LANE 1 ROCK 'B'  
 LANE 2 GBURG  
 LANE 3 MID  
 LANE 4 DAM  
 LANE 5 QO  
 LANE 6 CH

## HEAT 2

LANE 1 MAG  
 LANE 2 SV  
 LANE 3 SH  
 LANE 4 JFK  
 LANE 5 WOO  
 LANE 6 SP

## HEAT 3

LANE 1 HC  
 LANE 2 JWR  
 LANE 3 BCC  
 LANE 4 BO 'C  
 LANE 5 ROCK  
 LANE 6 WH

## HEAT 4

LANE 1 WJ  
 LANE 2 BOW  
 LANE 3 LING  
 LANE 4 RM  
 LANE 5 GC  
 LANE 6 WM

## 4 X 100 RELAY-BOYS

## HEAT 1

LANE 1  
 LANE 2 CH  
 LANE 3 BCC  
 LANE 4 ROCK  
 LANE 5  
 LANE 6

## HEAT 4

LANE 1 PB  
 LANE 2 WH  
 LANE 3 JWR  
 LANE 4 WM  
 LANE 5 RM  
 LANE 6 DAM

## HEAT 2

LANE 1 GP  
 LANE 2 MAG  
 LANE 3 SH  
 LANE 4 LING  
 LANE 5 MID  
 LANE 6 WJ

## HEAT 5

LANE 1 QO  
 LANE 2 BOW  
 LANE 3 SV  
 LANE 4 GC  
 LANE 5 GON  
 LANE 6 DEM

## HEAT 3

LANE 1 SP  
 LANE 2 GBURG  
 LANE 3 BO 'C  
 LANE 4 WOO  
 LANE 5 JFK  
 LANE 6 ROCK

## SPRINT MEDLEY-GIRLS

## HEAT 1

LANE 1  
 LANE 2 QO  
 LANE 3 WH  
 LANE 4 SV  
 LANE 5 CH  
 LANE 6 ROCK

## HEAT 3

LANE 1 BO 'C  
 LANE 2 SH  
 LANE 3 BOW  
 LANE 4 BCC  
 LANE 5 DAM  
 LANE 6 SP

## HEAT 2

LANE 1 HC  
 LANE 2 MID  
 LANE 3 MAG  
 LANE 4 GBURG  
 LANE 5 WOO  
 LANE 6 JFK

## HEAT 4

LANE 1 WJ  
 LANE 2 GC  
 LANE 3 RM  
 LANE 4 WM  
 LANE 5 LING  
 LANE 6 JWR

HEAT 1

ALLEY 1

1. BO'C
2. JFK
3. WH

ALLEY 2

1. SV
2. CH
- 3.

ALLEY 3

- 1.
- 2.
- 3.

HEAT 2

ALLEY 1

1. SH
2. GON
3. DAM

ALLEY 2

1. GP
2. QO
3. JWR

ALLEY 3

1. WOO
- 2.
- 3.

HEAT 3

ALLEY 1

1. MAG
2. BCC
3. BOW

ALLEY 2

1. WJ
2. WM
3. LING

ALLEY 3

1. SP
- 2.
- 3.

HEAT 4

ALLEY 1

1. PB
2. GBURG
3. ROCK

ALLEY 2

1. RM
2. DEM
3. MID

ALLEY 3

1. GC
- 2.
- 3.

6400M RELAY-GIRLS

1. GC
2. LING
3. WJ
4. QO
5. JWR
6. MAG
7. BO'C
8. CH
9. RM
10. SH
11. MID
12. HC
13. DAM
14. BCC
15. SP
16. ROCK

## INTERMEDIATE HURDLES-GIRLS

## HEAT 1

LANE 1 RM  
 LANE 2 WOO  
 LANE 3 JFK  
 LANE 4 MAG  
 LANE 5 ROCK  
 LANE 6 GBURG

## HEAT 2

LANE 1 SP  
 LANE 2 WJ  
 LANE 3 WH  
 LANE 4 SV  
 LANE 5 CH  
 LANE 6 SH

## HEAT 3

LANE 1 QO  
 LANE 2 GC  
 LANE 3 LING  
 LANE 4 BO'C  
 LANE 5 JWR  
 LANE 6 MID

## INTERMEDIATE HURDLE RELAY-BOYS

## HEAT 1

LANE 1  
 LANE 2 WJ  
 LANE 3 ROCK  
 LANE 4 QO  
 LANE 5 GBURG  
 LANE 6

## HEAT 3

LANE 1 WH  
 LANE 2 MAG  
 LANE 3 MID  
 LANE 4 PB  
 LANE 5 BO'C  
 LANE 6 WM

## HEAT 2

LANE 1 JFK  
 LANE 2 WOO  
 LANE 3 SP  
 LANE 4 SV  
 LANE 5 CH  
 LANE 6 BOW

## HEAT 4

LANE 1 SH  
 LANE 2 GON  
 LANE 3 GC  
 LANE 4 LING  
 LANE 5 JWR  
 LANE 6 DEM

## 4 X 400 RELAY-GIRLS

## HEAT 1

LANE 1  
 LANE 2 WOO  
 LANE 3 DAM  
 LANE 4 BCC  
 LANE 5 JFK  
 LANE 6 ROCK

## HEAT 2

LANE 1 HC  
 LANE 2 WH  
 LANE 3 SV  
 LANE 4 CH  
 LANE 5 GBURG  
 LANE 6 MID

## HEAT 3

LANE 1 BO'C  
 LANE 2 WM  
 LANE 3 WJ  
 LANE 4 MAG  
 LANE 5 SP  
 LANE 6 QO

## HEAT 4

LANE 1 SH  
 LANE 2 GC  
 LANE 3 JWR  
 LANE 4 LING  
 LANE 5 RM  
 LANE 6 BOW

## 4 X 400 RELAY-BOYS

## HEAT 1

LANE 1  
 LANE 2 GBURG  
 LANE 3 JFK  
 LANE 4  
 LANE 5  
 LANE 6

## HEAT 3

LANE 1 WOO  
 LANE 2 WM  
 LANE 3 LING  
 LANE 4 SP  
 LANE 5 SV  
 LANE 6 QO

## HEAT 4

LANE 1 SH  
 LANE 2 MID  
 LANE 3 WJ  
 LANE 4 DAM  
 LANE 5 MAG  
 LANE 6 JWR

## HEAT 2

LANE 1  
 LANE 2 BO'C  
 LANE 3 CH  
 LANE 4 WH  
 LANE 5 BCC  
 LANE 6 ROCK

## HEAT 5

LANE 1 GC  
 LANE 2 RM  
 LANE 3 BOW  
 LANE 4 GON  
 LANE 5 PB  
 LANE 6 DEM



## STEEPLECHASE-GIRLS

1. BENJAMIN-DAM
2. HULL-QO
3. MURRAY-QO
4. FICHER-WM
5. SMIGEL-WM
6. COX-GC
7. HARD-CH
8. TUCKER-GC
9. CARDMEIL-CH
10. ROCK
11. DUNSTON-RM
12. MACRIS-SV
13. SMITH-MAG
14. NEGRO-MAG
15. WJ
16. WJ
17. SP
18. SP
19. SAYLORS-BOW
20. DELACRUZ-SV
21. MOODY-DAM

## CO-ED RELAY

## HEAT 1

- |        |          |
|--------|----------|
| LANE 1 | MAG      |
| LANE 2 | WM       |
| LANE 3 | MID      |
| LANE 4 | DAM      |
| LANE 5 | ROCK     |
| LANE 6 | ROCK' B' |

## HEAT 2

- |        |     |
|--------|-----|
| LANE 1 | WH  |
| LANE 2 | CH  |
| LANE 3 | RM  |
| LANE 4 | JWR |
| LANE 5 | QO  |
| LANE 6 | GC  |

## HEAT 3

- |        |     |
|--------|-----|
| LANE 1 | WJ  |
| LANE 2 | PB  |
| LANE 3 | BOW |
| LANE 4 | SP  |
| LANE 5 | JFK |
| LANE 6 | SV  |

## STEEPLECHASE-BOYS

1. ROGERS-RM
2. STACK-DAM
3. BOYLE-MAG
4. SMILEY-MAG
5. WALSMAN-QO
6. CAMPBELL-RM
7. QUINN-PB
8. SUMNER-PB
9. VETAL-LING
10. MCCRAE-BOW
11. WIREMAN-LING
12. GLATSTEIN-ROCK
13. PETIT-WM
14. MOORE-QO
15. WALLACE-ROCK
16. ARONANIS-GC
17. PARDO-GC
18. STACK2-DAM
19. FONGER-WJ
20. WALLENHORST-BO' C
21. KITTRELL-BOW
22. PETIT2-WM
23. SINGH-BO' C
24. TOLMAN-WH
25. BROWN-SV
26. BERMIN-CH
27. YOUNG-CH
28. SOMMERS-MID
29. KRIDLEE-MID
30. LAROCHE-WH
31. WJ
32. SP
33. SP
34. GEIDE-GON
35. GEIDE-GON
36. HANSEN-SV

## SHOT PUT-BOYS

## SHOT PUT-GIRLS

## DISCUS-BOYS

## DISCUS-GIRLS

## FLIGHT 1

1. WJ
2. SP
3. WM
4. BCC
5. JFK
6. ROCK
7. GC

## FLIGHT 1

1. BO'C
2. DAM
3. ROCK
4. JWR
5. LING
6. WH
7. MID
8. QO

## FLIGHT 1

1. MAG
2. GON
3. DEM
4. BO'C
5. SH
6. DAM
7. MID
8. GBURG
9. PB

## FLIGHT 1

1. ROCK'B'
2. BCC
3. CH
4. SV
5. MAG
6. SH

## FLIGHT 2

1. JWR
2. WH
3. GP
4. GBURG
5. MAG
6. WOO
7. BOW
8. LING
9. DAM

## FLIGHT 2

1. BOW
2. WM
3. BCC
4. GBURG
5. GC
6. SP
7. WOO
8. WJ

## FLIGHT 2

1. SP
2. GC
3. WH
4. LING
5. BOW
6. BCC
7. WOO
8. JWR
9. QO

## FLIGHT 2

1. JFK
2. BOW
3. WM
4. WJ
5. DAM
6. JWR
7. MID
8. GC

## FLIGHT 3

1. CH
2. SH
3. QO
4. MID
5. SV
6. GON
7. DEM
8. BO'C
9. PB

## FLIGHT 3

1. ROCK'B'
2. SV
3. SH
4. MAG
5. CH
6. JFK

## FLIGHT 3

1. ROCK
2. WM
3. GP
4. JFK
5. WJ
6. RM
7. ROCK
8. CH
9. SV

## FLIGHT 3

1. SP
2. WOO
3. BO'C
4. ROCK
5. WH
6. LING
7. GBURG
8. QO

## LONG JUMP-GIRLS

## FLIGHT 1

1. ROCK'B'
2. MAG
3. SV
4. JFK
5. QO
6. BCC

## FLIGHT 1

1. ROCK'B'
2. QO
3. BCC
4. MAG
5. WJ
6. SH
7. MID
8. WM

## TRIPLE JUMP-GIRLS

## FLIGHT 1

1. QO
2. JFK
3. MAG
4. GBURG
5. SH
6. SV

## LONG JUMP-BOYS

## FLIGHT 1

1. QO
2. ROCK'B'
3. LING
4. SP
5. WJ
6. WM
7. BCC
8. MAG

## FLIGHT 2

1. WH
2. RM
3. WM
4. WOO
5. DAM
6. SP
7. GBURG
8. BO'C

## FLIGHT 2

1. SV
2. GBURG
3. BOW
4. JFK
5. SP
6. BO'C
7. WH
8. WOO

## FLIGHT 2

1. LING
2. WM
3. WH
4. ROCK
5. SP
6. WOO
7. MID

## FLIGHT 2

1. CH
2. WOO
3. JWR
4. JFK
5. BO'C
6. SH
7. DAM
8. BOW
9. SV

## FLIGHT 3

1. JWR
2. MID
3. BOW
4. WJ
5. SH
6. GC
7. LING
8. ROCK

## FLIGHT 3

1. LING
2. ROCK
3. CH
4. RM
5. GC
6. DEM
7. GON
8. PB

## FLIGHT 3

1. CH
2. BO'C
3. GC
4. DAM
5. BOW
6. WJ
7. BCC

## FLIGHT 3

1. ROCK
2. RM
3. WH
4. MID
5. GC
6. GON
7. DEM
8. GBURG
9. PB

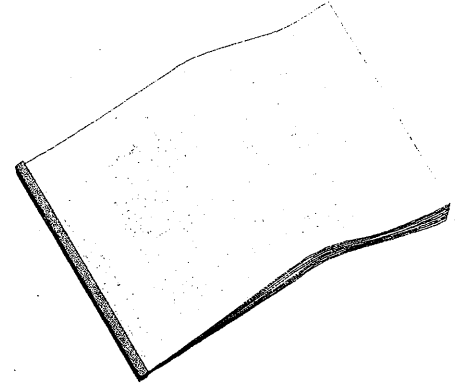
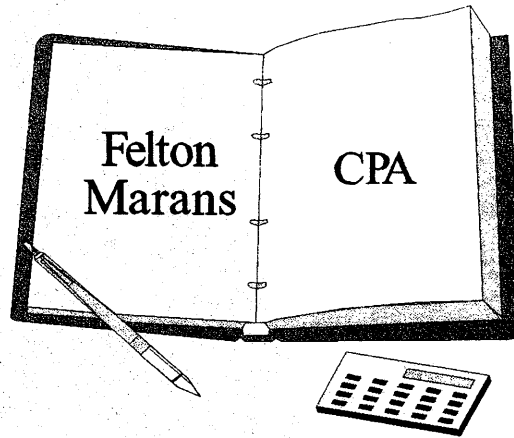
# FELTON D. MARANS

Certified Public Accountant

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**A lot of time and hard work went into starting the Woodward Relays and keeping them going.**

**A very special thanks to  
Mrs. Kathleen Motes**

**Mike Dobal  
Al Bellman**

**Pat and Molly Raymond  
to all of these who took over after I "retired" especially  
Patty Sullivan Gronert and Gay Plungas.**

**Also special thanks to Cherie + Craig Jordan and Danny and Karen Etzel  
who are still our friends after all these relays**

**Thank you,  
Donna Dunston**

---

**Good Luck  
R.M. Rocket  
Track Team  
The Dunston's**

**Jill "92" Kelly "93"  
Shaun "97" Erin "00"**

Dad,(Greg)

Congrats on 25 years. You've changed over the years, but your desire to give young athletes the best chances ever has always remained a top priority.

You're one of the few coaches who can take as much interest in developing the elite athlete as in the athlete who wants to learn. You make ever effort to create a team. I guess that's what makes you so special to so many.

We love ya anyways, We're proud of ya too,

Donna , Jill, Kel, Shaun, Erin

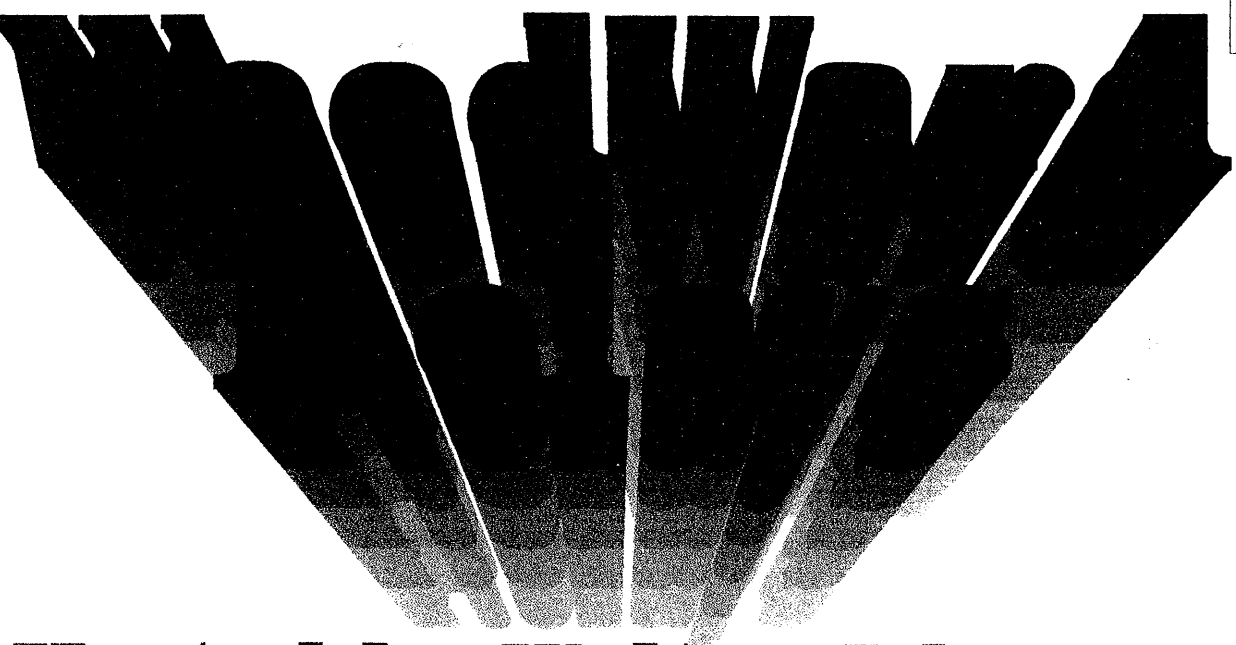
The Dunston's



Good luck at the Relays  
W.J. Wildcats Track & Field Team  
From your coaches,


Greg Dunston  
Russ White  
Tom Rogers  
Tom Martin  
Chris Flynn





# WOW

**Hosted by Walter Johnson**



**Wow 25  
years**

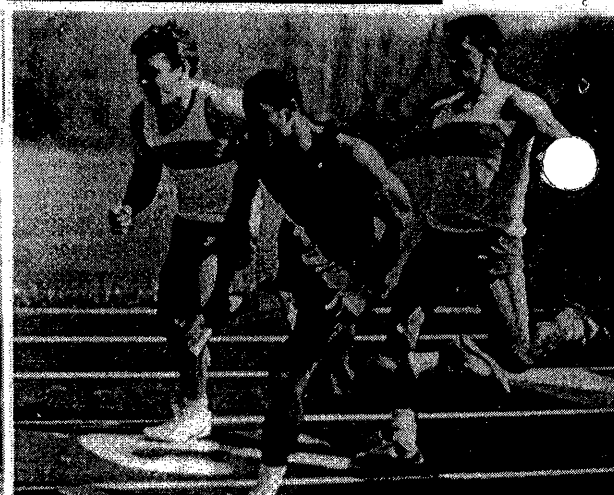
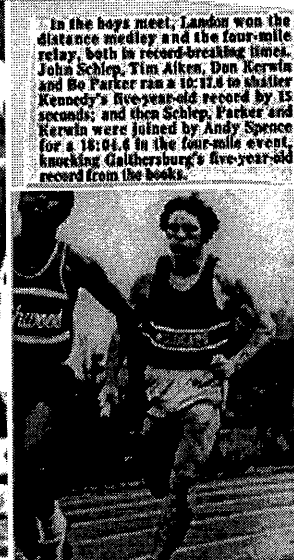
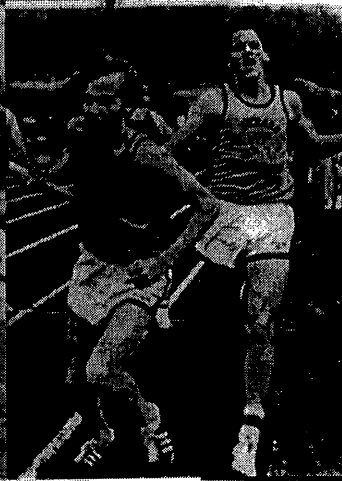


**FINISH**

**Created by Howard Marans**



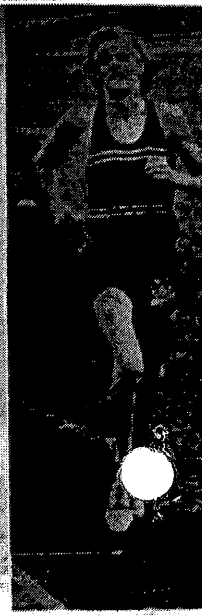
His co-championship with Peary highlighted by his field event and, in particular, George Sash et an area record in the shot put heave of 65-3, breaking Phil Vin's mark of 61-4½ set for Edison in



Neeler Eric Wislick (right) fouls off by Jimmie Ben Gumpert in the sprint medley at Woodward Relays on April 19.



In the girls distance medley race, anchorwomen Carolyn Hughes of E-CC and Ruth Drengrwitz of Northwood ran a tight race that did not decide the winner until the last five yards, when Hughes kicked past Drengrwitz. Hughes, who received the baton with a 10 yard lead, clocked a 5:19 mile leg.



RICHARD MONTGOMERY headbutter hit the water in the

Journal Staff Photos by Ed TIM GATIN, Richard Monte