

Track Schedule

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| Sat. March 8th, | Practice at W.J. | Distance - 9:30am All others - 10:00am |
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| Sat. March 15th, | Scrimmage Meet Quince Orchard - | 8:30am |
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| Sat. March 22nd, | Magruder Inv. at Magruder - | 9:30am |
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| Tues. March 25th, | RM at WJ - 2:15pm | ----- |
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| Tues. April 1st, | Spring Practice - | 4:00pm |
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| Wed. April 2nd, | Spring Practice - | 10:00am |
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| Thurs. April 3rd, | Spring Practice - | 10:00am |
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| Fri. April 4th, | Spring Practice - | 10:00am |
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| Sat. April 5th, | Possible Meet - Altoona, PA - | TBA |
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| Sat. April 12th, | Woodword Relays at W.J. - | 8:00am |
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| Wed. April 16th, | Quince Orchard at W.J. - | 2:30pm |
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| Sat. April 19th, | Possible Inv./Practice in PA | ----- |
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| Tues. April 22nd, | W.J. at Gaithersburg - | 2:30pm |
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| <Thurs. April 25th> | [Penn Relays] | ----- |
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| <Fri. April 26th> | [Penn Relays] | ----- |
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| <Sat. April 27th> | [Penn Relays] | ----- |
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| Tues. April 29th, | W.J. at Springbrook - | 2:30pm |
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| Fri. May 2nd, | Team Decathlon at R.M. - | TBA |
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| Wed. May 7th, | Varsity B at Quince Orchard - | 3:00pm |
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| Thurs. May 8th, | County Meet at Magruder - | 3:00pm |
| Wed. May 14th, | Regional Meet - TBA | ----- |
| Thurs. May 22nd, and | State Meet at Westminster H.S. - | TBA |
| Sat. May 24th, | State Meet at Westminster H.S. - | TBA |

Coaches : Greg Dunston (770-3519)-Home) (571-6939)-Work)

Russ White

Tom Martin

Chris Flynn

Volunteer: Tom Rogers