

# Washington Cross Country

Volume 2

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Issue 10



**RETURNING FOOT LOCKER NATIONAL FINALISTS (L-R) LAURA HEINER AND LIZ AWTRY TAKE THE LEAD AT THE NORTHERN REGION (VA) CHAMPS.**



**TOP TEN FINISHERS AT THE NORTHERN REGION (VA) CHAMPS.** From L-R: Andrew Macleod, Pat Conway, Amlesom Teklai, Alan Webb, Charlie Nickum, Tyrone Jones, Daniel Heiner, Jacob Frey, Peter Lukens, Jonathan Farrell

# MD 4A WEST REGIONAL CHAMPIONSHIPS

OCT. 30, 1997, MD 4A WEST REGIONAL CHAMPIONSHIPS, WATKINS MILL HS 5K COURSE, GAITHERSBURG, MD

Team Men	Total	Finishers						
1. Whitman	28	2	5	6	7	8	11	15
2. Gaithersburg	56	1	4	10	20	21	28	37
3. Magruder	123	13	18	29	30	33	38	67
4. Quince Orchard	141	9	14	27	45	46	62	72
5. Churchill	149	19	22	25	41	42	59	-
6. Frederick	153	17	23	24	26	63	77	87
7. Watkins Mill	159	3	16	43	48	49	55	64

## Individual Men (Top 7 teams & top 23 individuals advance to 11-8 States)

(F=Freshman, s=Sophomore, J=Junior, S=Senior)	
1. Andrew Roynestad J, Gthrsbrg	16:42
2. Paul Tufaro s, Whitman	16:47
3. Matias Palavecino J, WMill	16:48
4. Mike Murray s, Gaithersburg	16:56
5. Jason Belinkie s, Whitman	16:57
6. Phillip Knowlton J, Whitman	16:59
7. Hugh Strange J, Whitman	17:04
8. Jamie Albertine s, Whitman	17:07
9. Chris Dwyer S, QOrchard	17:07
10. Tom Anderson s, Gaithersburg	17:12
11. Scott Allen J, Whitman	17:15
12. Edwyn Carias S, PBranch	17:20
13. Sean Smiley S, Magruder	17:22
14. Chris Graber J, QOrchard	17:24
15. Ryan Cheney J, Whitman	17:26
16. Thomas Stott s, WMill	17:27
17. Justin Ward, Frederick	17:28
18. Chad Paavola J, Magruder	17:34
19. Stephen Hayes, Churchill	17:36
20. Stanton Byrd S, Gaithersburg	17:39
21. Victor Liorens S, Gaithersburg	17:40
22. Vikram Mathrani, Churchill	17:45
23. David Alexander, Frederick	17:45
24. David Burke, Frederick	17:47
25. Adam Young, Churchill	17:51
26. Ryan Hevner, Frederick	17:52
27. Steve Rozenblat, QOrchard	17:55
28. Keller Glass, Gaithersburg	17:59
29. Eric Crumpler, Magruder	18:01
30. Danny Chirlin S, Magruder	18:02
31. Jonah Berger, Blair	18:07
32. Richard Wacha, Sherwood	18:07
33. Matt Seymour, Magruder	18:08
34. Aaron Martinez, Sherwood	18:09
35. Drew Frumkin, Sherwood	18:12
36. Chris Ingram, Sherwood	18:15
37. Ellins Thomas J, Gaithersburg	18:15
38. Ben Johnson, Magruder	18:18
39. Bryan Goodluck, Springbrook	18:18
40. Josh Memenga, Sherwood	18:19
41. Koy Albert, Churchill	18:20
42. Ben Hayes, Churchill	18:23
43. Brad Petit, WMill	18:24
44. Tim Brown, SValley	18:27
45. Chris Sloan, QOrchard	18:28
46. Andy Clark, QOrchard	18:31
47. Jon Goldklang, Wootton	18:32
48. Ralph Rogers, WMill	18:35
49. Sean Anderson, WMill	18:36
50. David Warren, PBranch	18:37

Team Women	Total	Finishers						
1. Quince Orchard	28	1	2	5	8	12	51	-
2. Whitman	116	6	10	28	30	42	43	-
3. Seneca Valley	122	3	13	26	39	41	55	61
4. Springbrook	124	7	16	25	29	47	60	75
5. Magruder	135	4	22	24	31	54	63	65
6. Frederick	140	9	20	27	32	52	72	74
7. Watkins Mill	154	17	19	34	35	49	59	-

## Individual Women (Top 7 teams & top 23 individuals advance to 11-8 States)

(F=Freshman, s=Sophomore, J=Junior, S=Senior)	
1. Lucinda Hull J, QOrchard	19:33
2. Claudin Hull J, QOrchard	19:42
3. Michelle Rafeedie J, SValley	20:02
4. Sarah Pettit J, Magruder	20:26
5. Kim Novick S, QOrchard	20:34
6. Claire WCrane J, Whitman	20:36
7. Joanna Lohman s, Springbrook	20:52
8. Abby Kamara, QOrchard	20:53
9. Tiffany Moskel, Frederick	20:55
10. Camilla Hansen J, Whitman	20:56
11. Katie Hard, Churchill	21:01
12. Andrea Kafka S, QOrchard	21:02
13. Renee Berry J, SValley	21:06
14. Alyssa Prorok s, Sherwood	21:07
15. Ginny Horner, Gaithersburg	21:07
16. Catherine Corey, Springbrook	21:12
17. Caroline Fichter, WMill	21:13
18. Erin Shook, Churchill	21:15
19. Lucinda Richard, WMill	21:21
20. Rebecca Robinson, Frederick	21:32
21. Ashley Crawford, Sherwood	21:38
22. Cristin Romano, Magruder	21:45
23. Laura Garzon, Wootton	21:45
24. Jessica Comfort, Magruder	21:52
25. Kelley Carter, Springbrook	21:52
26. Liza Macris, SValley	21:55
27. Jessica Hawthorne, Frederick	21:55
28. Megan Glenn s, Whitman	21:56
29. Megan Corey, Springbrook	22:07
30. Joanna Zuercher, Whitman	22:12
31. Gina Romano S, Magruder	22:21
32. Christina Roomers, Frederick	22:29
33. Molly Tripp, Gaithersburg	22:33
34. Amy Wicks, WMill	22:38
35. Chloe Higgins, WMill	22:41
36. Catherine Hendrix, Wootton	22:42
37. Cara Foley, Wootton	22:44
38. Kim Parsons, Sherwood	22:46
39. Nicole Ortiz, SValley	22:46
40. Olga Collier, Churchill	22:47
41. Kim Lam, SValley	22:48
42. Andrea Falken, Whitman	22:51
43. Kristin St. John, Whitman	22:53
44. Carrie Callaghan, Sherwood	22:54
45. Galina Hassen, PBranch	22:54
46. Whitney Warner, PBranch	22:55
47. Eileen Park, Springbrook	22:58
48. Abby Stone, Gaithersburg	23:06
49. Sarah Smigel, WMill	23:07
50. Lori Schwartz, Churchill	23:08

# MD 3A WEST REGIONAL CHAMPS

OCT. 30, 1997, MD 3A WEST REGIONAL CHAMPIONSHIPS, WATKINS MILL 5K COURSE, GAITHERSBURG, MD

Team Men	Total	Finishers						
1. South Carroll	48	2	6	11	12	17	18	42
2. Linganore	57	4	7	8	13	25	30	43
3. Walter Johnson	90	1	9	20	29	31	32	40
4. Damascus	110	10	19	23	24	34	47	56
5. Thomas Johnson	126	5	21	27	36	37	60	62

## Individual Men (Top 5 teams & top 18 individuals advance to 11-8 States)

(F=Freshman, s=Sophomore, J=Junior, S=Senior)	
1. David Glynn J, WJohnson	16:39
2. Steve McClearn S, SCarroll	16:41
3. Davy Rogers S, RMontgomery	16:45
4. Erik Necciai, Linganore	16:48
5. Shawn Day, TJohnson	16:53
6. Matt Adami F, SCarroll	17:01
7. Scott Herrick, Linganore	17:03
8. Craig Samoviski, Linganore	17:05
9. Peter Glynn J, WJohnson	17:16
10. Chris Autry S, Damascus	17:18
11. Steve Hammel, SCarroll	17:21
12. Dan Tompkins, SCarroll	17:23
13. Jimmy McDonald, Linganore	17:27
14. Shep Nickel, RMontgomery	17:37
15. Bobby Ward, Liberty	17:39
16. Rajan Mohan, Kennedy	17:42
17. Bobby Mead, SCarroll	17:44
18. Doug Harmer, SCarroll	17:48
19. Gary Heflin, Damascus	17:52
20. Nate Lockard, WJohnson	17:54
21. Zach Thomas, TJohnson	17:54
22. Jim Kafchinski, Liberty	17:54
23. Tommy Stack, Damascus	17:55
24. Tony Niagro, Damascus	17:56
25. Derek Wireman, Linganore	17:59
26. Justus Getty, NCarroll	18:02
27. Pat Gargan, TJohnson	18:06
28. Shawn Hanley, Liberty	18:10
29. Sean Graves, WJohnson	18:12
30. Greg Hildstrom, Linganore	18:15
31. Adrian Nelson, WJohnson	18:17
32. Kevin Fonger, WJohnson	18:20
33. Matt Wheaton, RMontgomery	18:23
34. John Budge, Damascus	18:24
35. Nathan Gilmore, Liberty	18:26
36. Mikhail Deviatov, TJohnson	18:29
37. Ken Tresselt, TJohnson	18:30
38. Bobby Farmer, Wheaton	18:33
39. Jeremy Cuno, NCarroll	18:34
40. Steve Varney, WJohnson	18:35
41. Aaron Kurman, RMntgmry	18:40
42. Chris McDonald, SCarroll	18:42
43. Jason Airing, Linganore	18:45
44. Justin Prajzner, NCarroll	18:47
45. Kevin Rose, Liberty	18:48
46. Daniel Prager, RMntgmry	18:55
47. Mike Spera, Damascus	18:58
48. Andy Burnham, Liberty	19:00
49. Adam Banks, RMntgmry	19:03
50. Robert DeSanto, Wheaton	19:05

Team Women	Total	Finishers						
1. Linganore	56	4	9	10	14	19	29	35
2. Walter Johnson	67	5	8	12	20	22	23	42
3. Richard Montgomery	83	6	13	17	21	26	28	30
4. Damascus	101	1	3	25	33	39	47	49
5. Liberty	121	15	16	18	34	38	40	54

## Individual Women (Top 5 teams & top 17 individuals advance to 11-8 States)

(F=Freshman, s=Sophomore, J=Junior, S=Senior)	
1. Hannah Benjamin S, Damascus	19:05
2. Jennifer Ford S, TJohnson	19:45
3. Megan McGolrick S, Damascus	20:01
4. Susan Ludwick, Linganore	20:17
5. Mave Payton s, WJohnson	20:28
6. Cecily Garber J, RMontgomery	20:29
7. Jill Krebs, SCarroll	20:40
8. Kim Milans s, WJohnson	20:51
9. Stephanie Hayes, Linganore	20:55
10. Melissa Moreno, Linganore	21:01
11. Yumi Cosbert, Wheaton	21:03
12. Carla Graves J, WJohnson	21:15
13. Allison White J, RMontgomery	21:27
14. Danielle Price, Linganore	21:27
15. Gwen Gilmore, Liberty	21:27
16. Pam Maldeis, Liberty	21:29
17. Dora Danylevich, RMontgomery	21:30
18. Diane Pandolfini, Liberty	21:35
19. Rachel Sigsbury, Linganore	21:46
20. Jenny Winston s, WJohnson	21:49
21. Katie Unger J, RMontgomery	21:49
22. Becky Marcus s, WJohnson	22:04
23. Brynn Dutcher J, WJohnson	22:05
24. Lauren Boone, SCarroll	22:06
25. Katie Kastl, Damascus	22:07
26. Jennifer Russo F, RMntgmry	22:08
27. Kathy Kuzner, TJohnson	22:17
28. Ann Mayer J, RMntgmry	22:21
29. Alex Tate, Linganore	22:22
30. Taylor Page J, RMntgmry	22:28
31. Jessica Bowen, NCarroll	22:34
32. Christina Clarius, SCarroll	22:38
33. Ann Finucane, Damascus	22:39
34. Andrea DiPietro, Liberty	22:42
35. Evy Davis, Linganore	22:46
36. Allison Bierly, SCarroll	22:49
37. Lorena Chicas, Wheaton	22:53
38. Noelle Chandler, Liberty	23:00
39. Adeline Abreu, Damascus	23:06
40. Erin Surette, Liberty	23:09
41. Nedra Blount, Kennedy	23:12
42. Amanda Weddle, WJohnson	23:13
43. Maria Markovic, SCarroll	23:19
44. Anna Kale, Wheaton	23:24
45. H. Woldeyohan, Kennedy	23:24
46. Yvonne Ojje, Kennedy	23:45
47. Laura Winter, Damascus	24:01
48. Brandi Nichole, Wheaton	24:01
49. Marcia Budge, Damascus	24:02
50. Sarah Foor, NCarroll	24:08

# MARYLAND REGIONAL CHAMPIONSHIPS

## 4A EAST - Men (Baybrook Park)

1. Westminster	27
2. Arundel	62
3. Severna Park	76
4. Meade	135
5. Queen Anne's	136

## 4A EAST - Men

1. Jason Santucci Westminster	15:50
2. Greg Fisher, Westminster	16:02
3. Josh Davis, Westminster	16:07
4. John Thomas, Meade	16:08
5. Ben Baxter, Arundel	16:11
6. Ben Morris, Annapolis	16:18
7. Mike Rea, QAnne's	16:36
8. Todd Warner, Arundel	16:38
9. Ross Bair, Westminster	16:45
10. Bill Norris, SPark	16:52
11. Aaron Kazer, Arundel	16:57
12. Jesse O'Connell, Westminster	16:57
13. Chris Dyer, Arundel	17:04
14. Tim Cooke, Old Mill	17:11
15. Pettit, SPark	17:17

## 4A SOUTH - Men (Ft. Washington)

1. Northwestern	31
2. Bowie	92
3. Eleanor Roosevelt	93
4. Suitland	105
5. Parkdale	109

## 4A SOUTH - Men

1. Donald Harrison, ER	17:18
2. Leonard Twalla, NW	17:19
3. Anthony Blocker, NW	17:24
4. Geoffrey Gilmore, Laurel	17:33
5. Ali Najjar, NW	18:04
6. Michael Carroll, Suitland	18:12
7. Femi Korede, HPoint	18:13
8. Keith Butler, OHill	18:20
9. Ronald McCrae, Bowie	18:21
10. William Mugg, Parkdale	18:45

## 3A EAST - Men (Howard CC)

1. Wilde Lake	20
2. Calvert	70
3. Broadneck	72
4. Northeast	125
5. Northern	129

## 3A EAST - Men (2.95 miles)

1. Jeremy Wilkinson, Calvert	16:52
2. Ben Coffman, WLake	16:54
3. Jansen McMillan, WLake	17:10
4. Joey Yahr, WLake	17:13
5. Jason Eichmiller, WLake	17:16
6. Matt Daddio, WLake	17:28
7. GW Chew, Calvert	17:32
8. Ayaz Hasan, WLake	17:32
9. Mike Rolland, Broadneck	17:39
10. Kurt Mueller, WLake	17:41

## 2A SOUTH - Men (Centennial HS)

1. Atholton	30
2. Centennial	44
3. River Hill	48
4. McDonough	112
5. Mt. Hebron	165

## 2A SOUTH - Men

1. Nick Barresi, Atholton	16:43
2. Mike Zaron, Atholton	16:45
3. Mike Prada, RHill	16:47
4. Zach Heidepriem, RHill	16:56
5. David Grosso, Atholton	17:32
6. Erik Fornii, Centennial	17:41
7. Aaron Spencer, Centennial	17:45
8. Joe LaMonte, Atholton	17:46
9. Shawn Spencer, Centennial	17:53
10. Tom McAfee, Centennial	17:55

## 4A NORTH - Men (Dulaney HS)

1. Perry Hall	25
2. Dulaney	32
3. Northwestern	99
4. Mervo	103
5. Northern	126

## 4A NORTH - Men (2.9 miles)

1. Greg Vincent, Dulaney	15:22
2. Shawn Sullivan, Dulaney	15:37
3. Kirk Bouffard, PHall	16:12
4. Mark Coyle, PHall	16:20
5. Andy Hart, PHall	16:24
6. John Bogdan, PHall	16:25
7. Jon Kappes, PHall	16:31
8. Andy Gell, Dulaney	16:35
9. Geoffrey Langham, Dulaney	16:52
10. Curtis Crass, PHall	16:58
11. Chris Edwards, PHall	17:08
12. Kurt Breschner, Dulaney	17:12
13. Chris Streyle, Dulaney	17:36
14. Tyree Byron, Mervo	17:44
15. Kenya Carter, Swestern	17:56

## 3A SOUTH - Men (Orchard Park)

1. Great Mills	36
2. Westlake	55
3. Leonardtown	102
4. Bladensburg	121
5. LaPlata	128

## 3A SOUTH - Men

1. Justin Kousky, ThosStone	16:37
2. Frehiwet Kidane, Bladensburg	16:45
3. Carlos Hunt, Westlake	16:47
4. Nick Branigan, GMills	16:56
5. Chris Condle, GMills	17:02
6. Joe David, GMills	17:14
7. Justin Neibauer, Westlake	17:19
8. Chris Willer, GMills	17:21
9. Jerome George, Chopticon	17:29
10. Jason Aaron, Bladensburg	17:30

## 3A NORTH - Men (Catonsville)

1. Bel Air	37
2. C. Milton Wright	48
3. Fallston	105
4. Catonsville	105
5. Woodlawn	119

## 3A NORTH - Men

1. Tolson, CMWright	17:37
2. Honig, Bel Air	17:51
3. Berglind, CMWright	17:55
4. Stone, Bel Air	18:00
5. Johnson, Woodlawn	18:02
6. Sayers, Fallston	18:09
7. Traut, Bel Air	18:12
8. Pedraza, CMWright	18:19
9. Schwartz, Catonsville	18:20
10. Rossbach, Bel Air	18:21

## 2A WEST - Men (Middletown HS)

1. N. Hagerstown	57
2. Fort Hill	73
3. Francis Scott Key	89
4. Middletown	102
5. Boonsboro	118

## 2A WEST - Men (3 miles)

1. Jarrett Van Tine, BChevyChase	15:38
2. Ryan Campbell, Walkersville	16:01
3. Bruce Dotson, FHill	16:11
4. Mike Lum, NHagerstown	16:15
5. Ryan Moore, Middletown	16:17
6. Chris Pereschuk, NHagerstown	16:28
7. Mike Pizza, FSKey	16:32
8. Alex McAbee, NHagerstown	16:34
9. Doug Allen, Walkersville	16:37
10. David Higgs, FSKey	16:47

## 4A EAST - Women (Baybrook Park)

1. Severna Park	32
2. Westminster	49
3. Annapolis	92
4. Queen Anne's	106
5. Arundel	129

## 4A EAST - Women

1. Holly Thompson, Westminster	19:15
2. Katie Sloan, Glen Burnie	19:21
3. Bonnie Sowa, SPark	19:36
4. Amanda Rahorn, Arundel	19:52
5. Katey Henshaw, Westminster	19:54
6. Misha Bilyeu, Annapolis	19:57
7. Becky Chwan, SPark	20:00
8. Jenna Nugent, SPark	20:13
9. Jamie Chase, SPark	20:14
10. Kelly Hepburn, SPark	20:23
11. Elizabeth Ito, Westminster	20:29
12. Angie Baer, Westminster	20:30
13. Mary Taitt, SPark	20:37
14. Melissa Wallace, SPark	20:45
15. Jones, Chesapeake	tna

## 4A SOUTH - Women (FtWshngtn)

1. High Point	34
2. Eleanor Roosevelt	39
3. Largo	81
4. Laurel	95
5. Bowie	130

## 4A SOUTH - Women

1. Nicole Behrns, ER	20:30
2. Sophia McLean, HPoint	21:14
3. Rashonda VanNess, HPoint	22:43
4. Katrina Green, Laurel	22:59
5. Latia Kirby, OHill	23:05
6. Kate Hilton, ER	23:09
7. Pia Stanard, HPoint	23:10
8. Chika Chiku, Largo	23:21
9. Kristina Zugby, ER	23:32
10. Sharon Alavi, ER	23:39

## 3A EAST - Women (Howard CC)

1. Wilde Lake	27
2. Northern	54
3. Broadneck	56
4. Patuxent	92
5. Bennett	137

## 3A EAST - Women (2.95 miles)

1. Alexis Wieroniey, Northern	19:34
2. Michele Smith, WLake	19:53
3. Jessica Prozen, WLake	20:03
4. Amanda Schmidt, Broadneck	20:05
5. Nicole Wells, Northern	20:49
6. Kristin Peck, WLake	20:53
7. Marissa Schwartz, WLake	21:11
8. Karen Allen, Calvert	21:13
9. Farrah Hall, Broadneck	21:20
10. Kelly Goodwin, WLake	21:31

## 2A SOUTH - Women (Centennial)

1. Centennial	34
2. Mt. Hebron	40
3. River Hill	70
4. Fairmont Heights	136
5. McDonough	150

## 2A SOUTH - Women

1. Suzy McCulloch, Centennial	18:50
2. Kate Frande, MthHebron	19:50
3. Sarah Ordaz, Centennial	20:08
4. Stacy Mallare, RHill	20:18
5. Neha Amin, Centennial	20:31
6. Kelli Bloch, RHill	21:03
7. Shamika Griffin, FHeights	21:10
8. Sierra Charon, MthHebron	21:18
9. Mia Molfino, MthHebron	21:22
10. Jamie Hilliard, MthHebron	21:27

## 4A NORTH - Women (Dulaney)

1. Dulaney	18
2. Perry Hall	47
3. Western	59
4. Northern	120

## Individual Women (2.9 miles)

1. Bianca Jay, Dulaney	18:32
2. Marjorie Bollinger, Dul	18:57
3. Laura Brazil, PHall	19:04
4. Katie Lavezza, Dulaney	19:05
5. Katie McKinley, Dul	19:43
6. Yvonne Brown, Swestern	19:47
7. Sara Hooper, Dul	19:52
8. Lacey Chanoski, PHall	20:04
9. Dianna Russo, PHall	20:15
10. Lia Burley, Westminster	20:49
11. Elizabeth Johnson, Westm	21:01
12. Lisa Henry, Westm	21:01
13. Kelly Schmidt, Dul	21:05
14. Nicole McDonald, PHall	21:10
15. Mandi Brown, Westm	21:11

## 3A SOUTH - Women (OPark)

1. La Plata	53
2. Westlake	56
3. Douglas	69
4. Leonardtown	70
5. Friendly	108

## 3A SOUTH - Women

1. Krystal Perkins, Douglas	20:48
2. Joy Parker, Douglas	21:09
3. Kacie McGinnis, Westlake	21:18
4. Tricia Shepard, LaPlata	21:24
5. Heidi Faller, Ltown	21:35
6. Laurine Harris, Friendly	21:43
7. Shannon McGinnis, Westlake	21:53
8. Gail Norheim, Friendly	21:53
9. Heather Anderson, GMills	21:53
10. Michelle Dougher, Westlake	21:58

## 3A NORTH - Women

1. Bel Air	42
2. Fallston	60
3. C. Milton Wright	74
4. Parkville	85
5. Catonsville	96

## 3A NORTH - Women

1. Kelly Coogan, CMWright	19:03
2. Jennifer Geroux, Parkville	19:28
3. Megan Openhym, Bel Air	20:40
4. Hayes, Catonsv	20:48
5. Beth Eyler, Bel Air	20:55
6. C. Geroux, Parkv	21:12
7. Rossi, Bel Air	21:22
8. Halsbeck, Fallston	21:25
9. Fender, Fallston	21:55
10. Santa Cruz, Parkv	22:11

## 2A WEST - Women

1. Middletown	38
2. North Hagerstown	90
3. Francis Scott Key	101
4. Boonsboro	107
5. Urbana	115

## 2A WEST - Women (3 miles)

1. Randy Buzzell, Middletown	17:59
2. Kari McCarty, NHagerstown	18:23
3. Martha Nelson, BChevyChase	19:01
4. Elizabeth Lowrie, Urbana	19:41
5. Kendra Duckworth, FHill	19:49
6. Molly Imming, Middletown	19:53
7. Angie Rhoderick, Boonsboro	19:59
8. Laura Phumphrey, Middletown	20:09
9. Anita Rhoderick, Boonsboro	20:12
10. Jessica Bisnett, Middletown	20:27

# VA NORTHERN REGION CHAMPIONSHIPS

OCT. 30, 1997, VA NORTHERN REGION CHAMPIONSHIPS, BURKE LAKE 2.98 MILE COURSE, BURKE, VA

Team Men	Total	Finishers						
1. Lake Braddock	92	9	10	15	22	36	38	60
2. West Potomac	95	3	12	17	28	35	70	76
3. West Springfield	105	2	7	23	34	39	58	63
4. Jefferson	126	13	21	27	32	33	42	51
5. Oakton	149	1	6	18	50	74	77	87

**Individual Men** (Top 4 teams & top 15 individuals advance to 11-8 States)  
(F=Freshman, s=Sophomore, J=Junior, S=Senior)

1. Andrew Macleod J, Oakton	14:52	26. Doug Drifmeyer J, LBraddock	16:04
2. Pat Conway S, WSpringfield	14:52	27. Neil Suri s, WSpringfield	16:07
3. Amlesom Teklai S, WPotomac	15:00	28. Nate Mengesha, FChurch	16:08
4. Alan Webb F, SoLakes	15:12	29. Eric Barber S, Wakefield	16:08
5. Charlie Nickum S, Robinson	15:16	30. Kenley Sands S, Madison	16:09
6. Tyrone Jones S, Lee	15:17	31. Tommy Dewland, Jefferson	16:10
7. Daniel Heiner J, Centreville	15:18	32. Nick Parker J, WPotomac	16:11
8. Jacob Frey J, Oakton	15:20	33. Patrick Fisher s, W-Lee	16:12
9. Peter Lukens J, WSpringfield	15:23	34. Daniel Chen S, McLean	16:14
10. Jonathan Farrell J, PtmcFalls	15:26	35. Jeff Maynard, PFalls	16:16
11. Craig Carey S, LBraddock	15:27	36. James Lang, Jefferson	16:16
12. Andy Screen S, LBraddock	15:30	37. Dan Yi S, Jefferson	16:16
13. Scott Wallace S, Robinson	15:33	38. Marty Pfeifer S, WSpringfield	16:16
14. Tom Jenkins S, Centreville	15:34	39. David Hicks J, WPotomac	16:19
15. David Ehler, PtmcFalls	15:38	40. George Barton S, LBraddock	16:20
16. Casey Reardon s, WPotomac	15:42	41. Joe DiMarco J, Herndon	16:21
17. Tim Dumm J, Jefferson	15:46	42. Dustin Knudsen J, Hayfield	16:21
18. Cris Schumacher S, Hayfield	15:48	43. Jon Clough S, LBraddock	16:22
19. Kevin Callier S, LBraddock	15:54	44. Kevin Gallagher, WSpringfield	16:22
20. Atif Aftab s, SLakes	15:57	45. Hailemichael Teklai, W-Lee	16:22
21. Andrew Harter S, WPotomac	15:58	46. Matt Aberant, Lee	16:22
22. Drew Gaibler J, Oakton	15:59	47. Matt Johnson, Jefferson	16:22
23. Stian Goransson S, Langley	16:00	48. Paul Primosch, Langley	16:22
24. Ned Waterfall S, Madison	16:02	49. Edward Burnett, McLean	16:24
25. Dave Silver, Jefferson	16:03	50. Christopher Palen J, Marshall	16:25

Team Women	Total	Finishers						
1. Lake Braddock	67	4	12	14	16	21	22	47
2. Centreville	71	1	9	17	18	26	46	61
3. Jefferson	88	3	5	23	25	32	38	50
4. Langley	134	6	19	20	40	49	60	75
5. Robinson	144	2	13	27	48	54	57	76

**Individual Women** (Top 4 teams & top 15 individuals advance to 11-8 States)  
(F=Freshman, s=Sophomore, J=Junior, S=Senior)

1. Laura Heiner S, Centreville	16:47	26. Heather McCarthy F, LBrddck	19:11
2. Liz Awtrey J, Robinson	17:15	27. Julie Dudas, Jefferson	19:12
3. Kelley Otstott F, Jefferson	17:24	28. Tara George S, WSpringfield	19:12
4. Samia Akbar J, Oakton	17:45	29. Hannah Goldberg J, Jeff	19:16
5. Meghan McLaughlin S, Marshall	17:51	30. Kelly Sarabyn J, Centreville	19:18
6. Amy Montemero J, LBraddock	18:13	31. Amy Wagner, Robinson	19:19
7. Nicole Snider J, Jefferson	18:18	32. Kristin Birch, McLean	19:20
8. Mary Hale S, Langley	18:19	33. Jen Conlin s, Chantilly	19:21
9. Nikeya Green s, Hayfield	18:19	34. Amanda Bivens s, Hayfield	19:23
10. Katrina Menard, Stuart	18:20	35. Ashley Payne s, Herndon	19:25
11. Christina Burleson s, Mt. Vernon	18:37	36. Kelly Zurawski S, Broad Run	19:28
12. Theresa Backhus s, Centreville	18:38	37. Jerlinda Cofie S, SLakes	19:32
13. Maggie Marriott s, WSpringfield	18:38	38. Ale Slade, Jefferson	19:32
14. Laurie Yarger F, Chantilly	18:38	39. Elizabeth Ward s, Marshall	19:33
15. Melissa Smith J, LBraddock	18:39	40. Brianna Hoffman J, WPtmc	19:35
16. Kim Milbourn J, Robinson	18:44	41. Julie Sargeant S, Madison	19:35
17. Alice Stolpe J, LBraddock	18:48	42. Christin Lawlor s, Broad Run	19:36
18. Elizabeth Weber, SLakes	18:51	43. Jenny Ruble S, Herndon	19:37
19. Tina Torpey F, Herndon	18:54	44. Elaine Giuliani s, WSpqgd	19:39
20. Alison Lackner S, LBraddock	18:55	45. Adrienne O'Neill S, WSpqgd	19:41
21. Sherrie Yancey S, Centreville	18:59	46. Deanna Jenkins, McLean	19:44
22. Jen McLaughlin, Centreville	19:00	47. Lauren Bertini, Jefferson	19:45
23. Alex Leader J, Langley	19:05	48. Wendy Manning J, WSpqgd	19:45
24. Heather Sborz F, Langley	19:08	49. Leslie Schultz, Langley	19:54
25. Christine Chandler S, LBraddock	19:10	50. Libby Wile s, Herndon	19:56

# VA NWEST REGION CHAMPIONSHIPS

OCT. 30, 1997, VA NORTHWEST REGION CHAMPS, DARDEN TOWE PARK 5K COURSE, CHARLOTTESVILLE, VA

Team Men	Total	Finishers						
1. Woodbridge	67	1	12	13	15	26	36	-
2. Stafford	79	2	4	11	20	42	-	-
3. Cave Springs	89	6	16	17	22	28	40	-
4. Hylton	108	3	9	23	34	39	-	-
5. North Stafford	136	10	21	29	33	43	-	-

**Individual Men** (Top 4 teams & top 15 individuals advance to 11-8 States)  
(F=Freshman, s=Sophomore, J=Junior, S=Senior)

1. Derik Burrows S, Woodbridge	16:20	26. Nick Cline, Hylton	17:45
2. Jason Trant S, Stafford	16:22	27. Robbie Kearney, Culpeper	17:47
3. Chris Fiest J, Hylton	16:29	28. Mike Greenaway, Culpeper	17:48
4. Carl Cabaniss J, Stafford	16:48	29. Don Fowler J, Woodbridge	17:49
5. Brandon Christensen, Albemarle	17:00	30. Charles Schaeppman, Culpeper	17:49
6. Alex Seamon, CSprings	17:03	31. Mike Keeling, Chancellor	17:55
7. Sam Parkins, Albemarle	17:04	32. Brad Ross, CSprings	17:57
8. Frank Flanagan, Osbourn	17:06	33. James Thayer, Potomac	17:58
9. Jamaal Saunders, Potomac	17:15	34. Daniel Greene, NStafford	17:58
10. Scott Cleveland J, Hylton	17:17	35. Owen Brannon, ECGlass	17:58
11. Daniel Biller, NStafford	17:17	36. Robert Lockridge, ECGlass	18:00
12. Ben Whitford S, Stafford	17:19	37. Brandon Brody, Chancellor	18:01
13. Jason Lewis s, Potomac	17:20	38. Chris Carter, BPoint	18:01
14. Travon McRae, Courtland	17:21	39. Mark Walker, BPoint	18:02
15. Charles Stallworth J, Wdbrdge	17:23	40. Scott Golay, Osbourn	18:02
16. Charles DuBois J, Woodbridge	17:25	41. Shahab Noori, NStafford	18:04
17. Adam Childers, PHenry	17:25	42. Nick Wilson, Hylton	18:07
18. Casey Frazier s, Woodbridge	17:29	43. Chris Banls, Culpeper	18:09
19. Jon Derryberry, CSprings	17:33	44. Brendan Ruppert, Woodbridge	18:09
20. Laurence Loesel, CSprings	17:34	45. Michael Irish, Franklin	18:09
21. David Parrish, PHenry	17:42	46. Hugh Toland, Osbourn	18:11
22. Jack Craddock, ECGlass	17:43	47. Mike Austin, Hylton	18:18
23. Robert Doyal, Stafford	17:43	48. Josh Carlton, CSprings	18:20
24. Jeremy Reed, NStafford	17:44	49. Lee Weaver, Osbourn	18:20
25. William Meador, CSprings	17:45	50. Thomas Daly, Stafford	18:21

Team Women	Total	Finishers						
1. Woodbridge	43	1	3	9	14	16	20	-
2. Brooke Point	108	2	15	18	36	37	40	-
3. Gar Field	117	11	17	24	32	33	34	44
4. Stafford	122	8	10	25	27	52	-	-
5. Hylton	135	5	12	35	38	45	-	-

**Individual Women** (Top 4 teams & top 15 individuals advance to 11-3 States)  
(F=Freshman, s=Sophomore, J=Junior, S=Senior)

1. Sarah Folse S, Chancellor	18:59	26. Julie Carson, CSprings	21:20
2. Dawn Cleary S, Woodbridge	19:40	27. Stephanie Claybourn, Grfld	21:23
3. Colleen Connell, BPoint	19:53	28. Renee Griffin S, Stafford	21:25
4. Nicole Williams s, OsbournPark	19:59	29. Victoria Anker, NStafford	21:30
5. Katherine McAllister S, Wdbrdge	20:03	30. Christie Doebel s, Stafford	21:38
6. Franchesta Trupia, Franklin	20:10	31. Kristen Rowles, OsbournPark	21:34
7. Jessie Allison, SJackson	20:13	32. Caroline Westover, Courtland	21:35
8. Janey Saunders S, Hylton	20:16	33. Erin Comninski, ECGlass	21:37
9. Britta Von Oesen J, ECGlass	20:21	34. Kim Moss, GWashington	21:38
10. Emily Pitti, Albemarle	20:23	35. Jennifer Cole, Chancellor	21:38
11. Lindsay Hession s, Stafford	20:24	36. Jennifer Walker, Chancellor	21:41
12. Mary Gilhooly S, Woodbridge	20:28	37. Julie Huff, Culpeper	21:43
13. Edith Taylor S, Stafford	20:30	38. Sarah Bond, PHenry	21:45
14. Ramona Bates, Garfield	20:31	39. Lindsay McFeeley, ECGlass	21:47
15. Richelle Plotz, Hylton	20:31	40. Leah McBride, Garfield	21:48
16. Dana Folta, NStafford	20:48	41. Ashley Johnson, Garfield	21:50
17. Catherine Seguin s, Woodbridge	20:56	42. Marissa Trowbridge, Garfield	21:53
18. Emily Brown S, BPoint	20:57	43. Katie Golden, Hylton	21:56
19. Kim Furman J, Woodbridge	21:00	44. Cassandra Pingree, BPoint	21:57
20. Nicky Brown, Garfield	21:00	45. Leslie Lanata, BPoint	21:58
21. Christina Walsh, BPoint	21:00	46. Jessica Clardy, Hylton	21:59
22. Valerie Cole, CSprings	21:02	47. Whitney Cole, CSprings	22:00
23. Cecilia Riek, Woodbridge	21:07	48. Bridget Hannon, BPoint	22:05
24. Jill Bodily, Albemarle	21:12	49. Megan Beiber, NStafford	22:08
25. Heidi Sondermann J, NStafford	21:16	50. Denise Ingram, Franklin	22:08

# MARYLAND STATE MEET PREVIEW

\* NOVEMBER 8 \* HEREFORD HS, PARKTON, MD \* 3 MILES \* 10 AM START \*

## 4A MEN

Westminster is 3 strong up front in #1 Jr. **Jason Santucci**, a transfer from Great Bridge HS (VA) who ran 16:57 on the state course at the Hereford Inv., #2 Sr. **Greg Fisher**, 5th at the '96 state meet and a 16:59 at the Hereford Inv., and #3 So. **Josh Davis**, the 8th place finisher at the '96 state meet. Whitman had five runners finish 20 seconds apart at the region meet (16:47-17:07) and they may need to get their #1 finisher - possibly season long JV runner Jr. **Phillip Knowlton** who has gone from 17:45 @ GPrep to 17:13 @ MCounty to 16:59 @ Reg (6th overall) in 3 weeks - to finish ahead of at least Davis and their #6 finisher to place ahead of Westminster's #4 to win. Jr. **Greg Vincent** of Dulaney will win over Santucci.

PREDICTED FINISH: 1. Whitman, 2. Westminster, 3. Gaithersburg

## 3A MEN

Defending 2A Champ Wilde Lake moved up to 3A with their entire squad intact. Jr. **Ben Coffman** (4th in 2A) and Sr. **Aaron Blum** (9th in 2A) lead the way and their #5 is running only 20 seconds behind. Linganore is the defending 3A Champs., but they have finished behind 3A foe South Carroll at both the Central Maryland Champs. and the Regional meet. Sr. **Steve McClearn** of South Carroll and Sr. **Erik Neccial** of Linganore run #1 for their respective teams and both should challenge for the individual title - where we'll pick Jr. **David Glynn** of Walter Johnson over Sr. **Davy Rogers** of RMontgomery.

PREDICTED FINISH: 1. Wilde Lake, 2. South Carroll, 3. Linganore

## 4A WOMEN

Quince Orchard has been running very well lately in easily winning the Fordham (NY) Inv., Montgomery County and the 4A West Reg. Championships. Look for #1 Jr. **Lucinda Hull** (12th at the '96 state meet), #2 Jr. **Claudin Hull** (13th at the '96 state meet) and #3 Sr. **Kim Novick** to run with the lead pack. The key to a win, however, could be fast improving #4 **Abby Kamara**. Severna Park is very deep, has **Bonnie Sowa** (14th in '96), and finished 2nd (70-107) to Lake Braddock at the Hereford Inv.. Dulaney returns the 5th (Sr. **Bianca Jay**) and 10th (**Sarah Hooper**) place finishers from '96 states. Jr. **Renee Berry** of Seneca Valley holds the course record but is coming off an injury. We'll pick Lucinda Hull over Jay.

PREDICTED FINISH: 1. QOrchard, 2. Dulaney, 3. Severna Park

## 3A WOMEN

Defending Champ Walter Johnson has run up and down this year but they do have 4 runners who were a big part of the '96 state team. So. **Mave Payton** and So. **Kim Milans** will be with the lead pack. The difference could be Jr. **Brynn Dutcher** who was only 25s behind #1 Milans at GPrep. Linganore beat WJohnson at Regionals and are lead by Sr. **Susan Ludwick** who was 23rd in '96. RMontgomery has a good pack and ran well at Regionals. In the possible race of the day - Sr. **Kelly Coogan** of CMWright over Parkville's **Jen Geroux** & **Hannah Benjamin** of Damascus.

PREDICTED FINISH: 1. WJohnson, 2. Linganore, 3. Wilde Lake

# VIRGINIA STATE MEET PREVIEW

\* NOVEMBER 8 \* GREAT MEADOW, THE PLAINS, VA \* 5K \* 10 AM START \*

## 3A MEN

Purely a guessing game! 21 of the top 24 finishers at the '96 state meet have graduated and this year there are 7 teams who could be state champs: Jefferson, Lake Braddock, Manchester, Stafford, West Potomac, West Springfield, and Woodbridge. Stafford is the defending state champ but will need a much better performance from their #4 and #5 in order to repeat. Manchester has a front runner in Jr. **Miguel Valentin** and their #5 was only 47 seconds back when Manchester finished 2nd at Great Meadow. Woodbridge has the possible winner in Sr. **Derik Burrows** and a nice 2-5 pack forming. Jefferson has a 30 second 1-5 spread but may need their pack to move up in order to win. LBraddock has 2 strong front runners in Sr. **Craig Carey** (27th-'96 state meet) and Sr. **Andy Screen** (12th-'97 NReg), and the added incentive to legitimately sweep both men's and women's titles. West Potomac has the possible overall winner in Sr. **Amlsom Teklal** (14th-'96 state meet), the best sophomore in the NReg in **Casey Reardon** (16th), and an improving #3-5. We'll pick Sr. **Pat Conway** to win and start West Springfield's scoring with a 1, followed by Jr. **Peter Lukens** (possible 15th in '97=9 pts in '96), and So. **Nell Surl** (30th in '97=19 pts in '96). If #4 & #5 finish in the top 50 (50th-'96=17:18), add on 33 and 34 pts. The state 3A winner has been the only one the past two years to break 100 pts. Team scores this year may be a little high because of the parity of the field. WSpringfield may score 96 to win.

PREDICTED FINISH: 1. WSpringfield, 2. LBraddock, 3. Woodbridge

## 3A WOMEN

On the women's side, the contenders look to be Centreville, Jefferson (Alexandria), Kempsville, Lake Braddock, and Woodbridge. Kempsville finished second at William & Mary and have Jr. **Erin Holmes** and Sr. **Kelly Lawler** as their front runners. Jefferson has the best 1-2 punch in the state in Fr. **Kelley Otstott** (3rd-'97 NRegion) and Jr. **Nicole Snider** (12th-'96 state meet). They will need their #'s 3-5 (only 20s apart at Regions) to stay in their pack but move up about 15s each to have a chance. Woodbridge has a top 10 state finisher in #1 Sr. **Dawn Cleary** (20th-'96 state meet). Only 23 seconds behind was #2 Sr. **Katherine McAllister**. Look for #3 So. **Catherine Seguin** to be in the top 25 and #'s 4 and 5 not too far behind for Woodbridge to contend. Defending champ Centreville had returned 4 (#'s 1, 3, 4, 6) of their top 6 from last year's team. Before the recent NRegion race, however, only one, 3-time Foot Locker National Finalists Sr. **Laura Helner**, was running at all on a week in-week out basis. So. **Theresa Backhus**, a 2:18 800m track runner as a freshman, has emerged as a solid #2 finishing 12th in the NReg.. The key will be how well Jr. **Kelly Sarabyn** (15th-'96 state meet, #5-'97 NReg) can run coming off an injury, if she's able to run at all. LBraddock is very deep starting with #1 Jr. **Amy Montemerlo** (31st-'96 state meet). 5 runners finished in the top 25 at the NReg race. The bonus is the return of early season #2 So. **Erin Swain**, who will help get Lake Braddock the team title.

PREDICTED FINISH: 1. LBraddock, 2. Centreville, 3. Woodbridge

**CORRECTLY PICKED 75% (21/28) OF THE SCHOOLS THAT FINISHED TOP 3 AT THE MARYLAND REGIONALS IN ISSUE #9**



# VA CATHOLIC CHAMPS MD CATHOLIC CHAMPS

## Team Men (Newport News Park)

1. Paul VI	28
2. O'Connell	77
3. Benedictine	105
4. Peninsula Catholic	116
5. Ireton	135

## Team Women (Newport News Park)

1. Paul VI	52
2. O'Connell	63
3. Walsingham	64
4. Peninsula Catholic	82
5. Ireton	127

## Team Men (Georgetown Prep)

1. DeMatha	32
2. Good Counsel	59
3. Loyola	62
4. Georgetown Prep	91
5. Archbishop Curley	123

## Team Women (GPrep)

1. Good Counsel	26
2. Notre Dame Prep	41
3. Archbishop Spalding	103
4. Elizabeth Seton	109
5. St. Mary's Ryken	114

## Individual Men (5k)

1. Pat Helland S, PVI	16:00
2. Ryan Walker s, Bened	16:18
3. Sean Ianacone S, PVI	16:23
4. Chaz Chalkley S, O'Connell	16:45
5. Scott Schaefer, Bened	16:59
6. Tim Dutton, Catholic	17:09
7. Tom Jakub J, PVI	17:10
8. Matt Mozingo J, PVI	17:17
9. Mike Blanchard J, PVI	17:20
10. Brad Byrnes, Ireton	17:21
12. Paul Costello, PVI	17:23

## Individual Women (5k)

1. Shauna Ferguson J, PVI	19:27
2. Bridget Keenan, PCatholic	19:45
3. Maeve O'Meara, RoanokeCath	20:09
4. Molly Harkin J, O'Connell	20:25
5. Jessie Raynor, Wals	20:33
6. Terri Zacharias s, PVI	20:42
7. Katie Ball, PCatholic	20:46
8. Erin Campbell, PCatholic	20:47
10. Emily Smith J, O'Connell	20:52
12. Katherine Watts F, PVI	20:55
13. Erika Evans, O'Connell	20:56
14. Meghan Ferguson, PVI	21:04
16. Jen Gardner, O'Connell	tna

## Individual Men (5k)

1. Chris Knott, Loyola	17:17
2. PJ Prosser, Loyola	17:22
3. Mike Collins, GCounsel	17:24
4. Bill Valentine, DeMatha	17:32
5. Dave Reynaud, DeMatha	17:34
6. Web Powell, DeMatha	17:36
7. A. Thambinayagam, GCounsel	17:39
8. Pat Benko, DeMatha	17:40
9. Anthony Taylor, DeMatha	17:42
10. Alex Roe, GPrep	17:43
11. Drew Saelens, GPrep	17:44
15. Justin Hulse, GCounsel	17:53
16. Geoff Aravanis, GCounsel	17:54
17. Darius Contractor, GPrep	18:08
18. Jean-Pablo Pando, GCounsel	18:14

## Individual Women (5k)

1. Kim Hurney F, GCounsel	19:55
2. Kate Schilling, GCounsel	20:00
3. Sara Arbaugh, NDPrep	20:12
4. Erin Sicher, GCounsel	20:45
5. Remy Albertson, GCounsel	20:57
6. Grace Wentzel, ASPalding	20:58
7. Kathleen Souweine, NDPrep	21:23
8. Catherine Wood, ASPalding	21:28
9. Steph Sellinger, NDPrep	21:33
10. Larrie Andrews, NDPrep	21:37
11. Emily Page, SMRyken	21:42
12. Katie Baird, NDPrep	21:42
14. Jeanne Lynch, GCounsel	21:52
16. Vanessa Swesnik, GCounsel	22:25
17. Erin Blaustein, GCounsel	22:38

# VIRGINIA INDEPENDENT CHAMPS

OCT. 31, 1997, VA INDEPENDENT CHAMPS, WOODBERRY FOREST 5K COURSE, WOODBERRY FOREST, VA

## Team Men

	Total	Finishers						
1. Paul VI	46	1	3	11	13	18	40	42
2. Woodberry Forest	83	8	14	15	21	25	28	34
3. O'Connell	121	6	20	29	31	35	45	58
4. Peninsula Catholic	186	12	16	43	53	62	67	91
5. Episcopal	209	7	17	22	56	107	118	122

## Team Women

	Total	Finishers						
1. Colegiate	70	5	7	10	14	34	41	49
2. St. Catherine's	73	1	9	11	24	28	37	45
3. Paul VI	98	2	12	15	30	39	42	43
4. O'Connell	101	4	17	25	26	29	52	68
5. Walsingham	151	20	22	33	36	40	44	53

## Individual Men

(F=Freshman, s=Sophomore, J=Junior, S=Senior)

1. Pat Helland S, PVI	16:36
2. Ryan Walker s, Benedictine	16:52
3. Sean Ianacone S, PVI	17:00
4. Ryan Davis S, ForkUnion	17:03
5. Scott Schaefer, Bened	17:39
6. Chaz Chalkley S, O'Connell	17:41
7. Boger, Episcopal	17:46
8. Vaughters, WForest	17:53
9. Yates, Blue Ridge	17:55
10. Dutton, Catholic	17:56
11. Tom Jakub J, PVI	17:56
12. Slusher, PCatholic	17:58
13. Matt Mozingo J, PVI	18:02
14. Baker, SBR	18:04
15. Bowman, WForest	18:05
16. Graham, WForest	18:06
17. Miller, PCatholic	18:12
18. Cox, Episcopal	18:14
19. Mike Blanchard J, PVI	18:15
20. Haglund, TrinityEpiscopal	18:25
21. Singh, O'Connell	18:29
22. Enos, WForest	18:30
23. Bruce, Episcopal	18:30
24. Jenner, EmmanuelChristian	18:31
25. Gilliam, VaEpiscopal	18:35
26. Lambert, WForest	18:36
27. Turnbull, St. Christopher's	18:39
28. Pickler, GreenbriarChristian	18:40
29. Callahan, WForest	18:43
30. Smith, GCA	18:47
31. Lavoy, O'Connell	18:47
32. Trotman, FUnion	18:48
33. Brian DeWine, O'Connell	18:49
34. Blosser, Covenant	18:51
35. Hunt, CHenryCollegiate	18:52
36. Nichols, WForest	18:52
37. Lipari, O'Connell	18:54
38. Jones, TrinityEpiscopal	18:54
39. Cane, St. Christopher's	18:56
40. Glickstein, Walsingham	18:57

## Individual Women

(F=Freshman, s=Sophomore, J=Junior, S=Senior)

1. Kay Livick, St. Catherine's	19:45
2. Shauna Ferguson J, PVI	20:02
3. Jones, Episcopal	20:16
4. O'Meara, RCS	20:20
5. Keenan, PCS	20:33
6. Molly Harkin J, O'Connell	20:49
7. Hamlin, Colegiate	20:50
8. Johnson, St. Anne's-Belfield	20:58
9. Hume, Colegiate	21:07
10. Campbell, PCatholic	21:12
11. Barry, St. Catherine's	21:18
12. Dooley, Colegiate	21:20
13. Blake, St. Catherine's	21:22
14. Terri Zacharias s, PVI	21:28
15. Chandler, NorfolkAcad	21:33
16. McGlynn, Colegiate	21:42
17. Meghan Ferguson, PVI	21:46
18. O'Connor, SSSAgnes	21:47
19. Emily Smith J, O'Connell	21:48
20. Berger, NAcademy	21:50
21. Gibbs, GreenbriarChrst	21:51
22. Hammer, Walsingham	21:52
23. Potterton, SSSAgnes	21:53
24. Raynor, Walsingham	22:00
25. Reddaway, SSSAgnes	22:02
26. Gillespie, St. Catherine's	22:02
27. Brannigan, O'Connell	22:05
28. Evans, O'Connell	22:08
29. Spekman, St. Anne's-Belfield	22:09
30. Chapman, St. Catherine's	22:11
31. Jen Gardner, O'Connell	22:12
32. Casie, PVI	22:19
33. Hubbard, NorfolkChrst	22:24
34. Ball, PCatholic	22:26
35. A. Gillman, Walsingham	22:29
36. Tyler, Colegiate	22:30
37. Milarn, Episcopal	22:32
38. J. Gillman, Walsingham	22:34
39. Hamad, BIR	22:39
40. Guerraty, St. Catherine's	22:42

# POTOMAC VALLEY CONF CHAMPS

## Team Men

1. Field School	50
2. St. Andrew's Episcopal	82
3. Edmund Burke	93
4. Georgetown Day	112
5. St. Anselm's	120
6. Washington Waldorf	131
7. Jewish Day	137
8. Sandy Springs Friends	184
9. Montrose Christian	254
10. Hebrew Academy	268

## Individual Men (5k)

1. Adam Rick, Field	17:07
2. Kohei Ishihara, SAndrew's	17:14
3. Corey O'Brien, Field	17:38
4. David McQuaid, EBurke	17:44
5. Geraint Davies, SSFriends	18:07
6. Charlie Brubaker, SAnselm's	18:20
7. Hite Geffert, SAndrew's	18:26
8. Andre Jones, Field	18:33
9. Thomas Griffin, EBurke	18:34
10. Clark Smith, GDay	18:35

## Team Women

1. Washington Waldorf	53
2. Jewish Day	55
3. Field School	63
4. St. Andrew's Episcopal	112
5. Sandy Spring Friends	120
6. Montrose Christian	127
7. Hebrew Academy	185
1. Lucy Dinsmore, Field	20:21
2. Amy Wilkins, WWaldorf	20:58
3. Rachel Bladenburg, JDay	21:01
4. Jen Wybenga, MChristian	21:54
5. Sierra Schlesinger, WWaldorf	22:07
6. Drew Saylor, SAndrew's	22:08
7. Jane Caffisch, Field	22:22
8. Jamie Bigio, JDay	22:45
9. Emily Whiting, GDay	22:50
10. Jackie Gutierrez, JDay	22:54

**WEEK #8 TOP 100 INDIVIDUAL HS RANKINGS****Top 50 Men (thru 11-1 races)**

1. Brad Einboden	Senior	St Mary's Ryken (MD)
DNR Md Catholics due to Bronchitis; Next meet is FLocker NE Regional 11-29		
2. Andrew Macleod	Junior	Oakton (VA)
Won Concorde Dst (15:15-2.98m); Won NReg (14:52-2.98m); Next: Va 3A 11-8		
3. Pat Conway	Senior	W. Springfield (VA)
Won Patriot Dst (15:03-2.98m); 2nd-NReg (14:52-2.98m); Next: Va 3A 11-8		
4. Thad Minshall	Junior	Landon (MD)
DNR 10-25 or 11-1; Next meet is Independent Athletic Conference Chmps 11-8		
5. Jarrett Van Tine	Sophomore	BthsdaChevyChase (MD)
Won Montgomery Cnty (16:07-5k); Won WReg (15:38-3m CR); Nxt: Md 2A 11-8		
6. Amlesom Teklai	Senior	West Potomac (VA)
2nd-Patriot Dst (15:10-2.98m); 3rd-NReg (15:00-2.98m); Next: Va 3A 11-8		
7. David Glynn	Junior	Walter Johnson (MD)
2nd-Montgomery Cnty (16:08-5k); Won WReg (16:39-5k); Next: Md 3A 11-8		
8. Derik Burrows	Senior	Woodbridge (VA)
Won Cardinal Dst (15:08-3m); Won NWReg (16:20-5k); Next: Va 3A 11-8		
9. Patrick Helland	Senior	Paul VI (VA)
Won Va Indpdnts (16:36-5k); Won Va Catholics (16:00-5k); Next: WCAC 11-15		
10. Alan Webb	Freshman	South Lakes (VA)
2nd-Concorde Dst (15:16-2.98m); 4th-NReg (15:12-2.98m); Next: Va 3A 11-8		

**Top 50 Women (thru 11-1 races)**

1. Laura Heiner	Senior	Centreville (VA)
Won Concorde Dst (16:48-2.98m); Won NReg (16:47-2.98m); Next: Va 3A 11-8		
2. Jennifer Modliszewski	Senior	Liberty (VA)
Won Dst (17:47-5k, ties Heiner GMdow CR); Won Reg (18:15-5k); Nxt: Va 2A		
3. Liz Awtrey	Junior	Robinson (VA)
Won Patriot Dst (17:17-2.98m); 2nd-NReg (17:15-2.98m); Next: Va 3A 11-8		
4. Suzy McCulloch	Senior	Centennial (MD)
Won Howard County (18:39-3m); Won-Md 2A SReg (18:50-5k); Next: Md 2A		
5. Kelley Otstott	Freshman	Jefferson (VA)
2nd-Concorde Dst (17:20-2.98m); 3rd-NReg (17:24-2.98m); Next: Va 3A 11-8		
6. Sarah Folve	Senior	Chancellor (VA)
Won Commonwealth Dst (17:50-5k); Won NWReg (18:59-5k); Next: Va 3A		
7. Dawn Cleary	Senior	Woodbridge (VA)
Won Cardinal Dst (17:44-3m); 2nd-NWReg (19:40-5k); Next is Va 3A 11-8		
8. Hannah Benjamin	Senior	Damascus (MD)
Won Montgomery County (19:01-5k); Won 3A WReg (19:05-5k); Next: Md 3A		
9. Samia Akbar	Junior	Oakton (VA)
4th-Concorde Dst (18:15-2.98m); 4th-NReg (17:45-2.98m); Next: Va 3A		
10. Meghan McLaughlin	Senior	Marshall (VA)
Won Liberty Dst (18:01-2.98m); 5th-NReg (17:51-2.98m); Next: Va 3A		

11. Charlie Nickum	Senior	Robinson (VA)
12. Dan Sweeney	Junior	Gonzaga (DC)
13. Jason Trant	Senior	Stafford (VA)
14. Tyrone Jones	Senior	Lee (VA)
15. Daniel Heiner	Junior	Centreville (VA)
16. Chris Feist	Junior	Hylton (VA)
17. Jacob Frey	Junior	Oakton (VA)
18. Peter Lukens	Junior	W. Springfield (VA)
19. Sean Ianacone	Senior	Paul VI (VA)
20. Mike Connelly	Senior	James Wood (VA)
21. Jonathan Farell	Junior	Potomac Falls (VA)
22. Jed Leonard	Junior	St. Alban's (DC)
23. Craig Carey	Senior	Lake Braddock (VA)
24. Andy Screen	Senior	Lake Braddock (VA)
25. Carl Cabaniss	Junior	Stafford (VA)
26. Juan Pablo Valdivieso	Junior	Landon (MD)
27. Andrew Roynestad	Junior	Gaithersburg (MD)
28. Davy Rogers	Senior	Rchrd Montgomery (MD)
29. Rusty Fullmer	Senior	Sherando (VA)
30. Scott Wallace	Senior	Robinson (VA)
31. Tom Jenkins	Senior	Centreville (VA)
32. David Ehlert	---	Potomac Falls (VA)
33. Casey Reardon	Sophomore	West Potomac (VA)
34. Paul Tufaro	Sophomore	Whitman (MD)
35. Matias Palavecino	Junior	Watkins Mill (MD)
36. Nick Barresi	Senior	Atholton (MD)
37. Mike Zaron	Senior	Atholton (MD)
38. Mike Prada	Junior	River Hill (MD)
39. Mike Murray	Sophomore	Gaithersburg (MD)
40. Zach Heidepriem	Junior	River Hill (MD)
41. Jason Belinkie	Sophomore	Whitman (MD)
42. Tim Dumm	Junior	Jefferson (VA)
43. Cris Schumacher	Senior	Hayfield (VA)
44. John Thomas	Senior	Meade (MD)
45. Ben Baxter	Senior	Arundel (MD)
46. Jeremy Wilkinson	Senior	Calvert (MD)
47. Ben Coffman	Junior	Wilde Lake (MD)
48. Phillip Knowlton	Junior	Whitman (MD)
49. Kevin Callier	Senior	Lake Braddock (VA)
50. Ben Morris	Junior	Annapolis (MD)

11. Devon Moore	Junior	Brentsville (VA)
12. Amy Montemerlo	Junior	Lake Braddock (VA)
13. Nicole Snider	Junior	Jefferson (VA)
14. Robyn Ritter	Junior	Sherando (VA)
15. Colleen Connell	---	Brooke Point (VA)
16. Nicole Williams	Sophomore	Osbourm Park (VA)
17. Mary Hale	Senior	Langley (VA)
18. Kim Hurney	Freshman	Good Counsel (MD)
19. Kate Schilling	Junior	Good Counsel (MD)
20. Nikeya Green	Sophomore	Hayfield (VA)
21. Katrina Menard	Sophomore	Stuart (VA)
22. Katherine McAllister	Senior	Woodbridge (VA)
23. Kate Frande	---	Mt. Hebron (MD)
24. Beth Santilli	Senior	Glenelg (MD)
25. Sarah Ordaz	Senior	Centennial (MD)
26. Kjetil Lowe	Senior	Poolesville (MD)
27. Shauna Ferguson	Junior	Paul VI (VA)
28. Lucinda Hull	Junior	Quince Orchard (MD)
29. Claudin Hull	Junior	Quince Orchard (MD)
30. Alexis Wieroniey	---	Northern (MD)
31. Christina Burleson	Sophomore	Mt. Vernon (VA)
32. Theresa Backhus	Sophomore	Centreville (VA)
33. Maggie Marriott	Sophomore	West Springfield (VA)
34. Laurie Yarger	Freshman	Chantilly (VA)
35. Melissa Smith	Junior	Lake Braddock (VA)
36. Megan McGolrick	Senior	Damascus (MD)
37. Michelle Rafeedie	Junior	Seneca Valley (MD)
38. Nicole Behrms	Sophomore	Eleanor Roosevelt (MD)
39. Jamie Fields	Senior	Brentsville (VA)
40. Kim Milbourn	Junior	Robinson (VA)
41. Alice Stolpe	Junior	Lake Braddock (VA)
42. Jessie Allison	---	Stonewall Jackson (VA)
43. Elizabeth Weber	Sophomore	South Lakes (VA)
44. Sarah Pettit	Junior	Magruder (MD)
45. Mave Payton	Sophomore	Walter Johnson (MD)
46. Tina Torpey	Freshman	Herndon (VA)
47. Alison Lackner	Senior	Lake Braddock (VA)
48. Cecily Garber	Junior	R. Montgomery (MD)
49. Janey Saunders	Senior	Hylton (VA)
50. Sherrie Yancey	Senior	Centreville (VA)

# BIG EAST CONFERENCE CHAMPS

**OCT. 31, 1997, BIG EAST CHAMPIONSHIPS, VAN CORTLANDT PARK, BRONX, NY**

<b>Team Men</b>	<b>Total</b>	<b>Finishers</b>						
1. Notre Dame, IN	50	4	5	10	11	20	30	33
2. Providence, RI	74	2	9	14	18	31	32	37
3. Georgetown, DC	82	3	7	21	23	28	36	38
4. West Virginia, WV	102	8	12	16	25	41	46	53
5. Boston College, MA	117	17	19	22	24	35	44	45
6. Villanova, PA	128	6	13	15	40	54	56	67
7. Connecticut, CT	166	1	26	34	50	55	60	69

**Individual Men (5 miles)**

1. Travis Landreth, UConn	24:49	31. Larry Morrissey, Prov	26:00
2. Ben Noad, Providence	25:00	32. Carl Mauro, Prov	26:04
3. Justin McCarthy, Gtown	25:04	33. Scott Grace, NDame	26:08
4. Jason Rexing, NDame	25:06	34. Eric Brousseau, UConn	26:09
5. Antonio Arce, NDame	25:08	35. Brian Shafer, BCollege	26:10
6. Dean Smith, Vill	25:09	36. John Jordan, Gtown	26:13
7. Eric Savoth, Gtown	25:10	37. Paul McNamara, Prov	26:15
8. Mac Knapp, WVirginia	25:11	38. Kevin Jermyn, Gtown	26:17
9. Zack Ventress, Prov	25:18	39. Anthony DeBenedictus, SHall	26:20
10. Ryan Maxwell, NDame	25:22	40. Brock Butler, Vill	26:22
11. Ryan Shay, NDame	25:24	41. Jeff Gorman, WVa	26:24
12. Steve Bohan, WVa	25:26	42. Frank Nigano, Prov	26:25
13. Scott Tantino, Vill	25:29	43. Sam Gebramariam, Gtown	26:26
14. Keith Kelly, Prov	25:32	44. Nick Gramsky, Miami	26:26
15. Coulby Dunn, Vill	25:34	45. Mike Orzechowski, Pitt	26:28
16. Rob Cruz, WVa	25:36	46. Chris Marchall, Gtown	26:30
17. Justin Burdon, BCollege	25:37	47. Chris Merrill, BCollege	26:31
18. Rick Bush, Prov	25:40	48. Jim Pilla, NDame	26:34
19. Derek Holland, BCollege	25:41	49. Matt Dunn, Gtown	26:36
20. Anthony Alt, NDame	25:42	50. Paul Abbruzzese, BCollege	26:38
21. Corey Smith, Gtown	25:43	51. Pete Watson, WVa	26:40
22. Armitage Marshal, BCollege	25:44	52. Ted Higgins, NDame	26:42
23. David Rodriguez, Gtown	25:47	53. Leigh Cadigan, Rutgers	26:43
24. Derek Smith, BCollege	25:50	54. Gabriel Buerkle, Gtown	26:44
25. Miguel Matos, WVa	25:51	55. Chris Hertz, Syracuse	26:45
26. Dan Wilson, UConn	25:52	56. Nate Getman, Syracuse	26:51
27. Steve Osadui, SHall	25:55	57. Daniel Bouchard, UConn	26:54
28. Jon Evan Hornsby, Gtown	25:56	58. Nad Brooks, SHall	26:56
29. Jeremy Goodwin, St. John's	25:58	59. Sean McManus, NDame	26:58
30. Mike Conway, NDame	25:59	60. Chris Miller, Miami	27:00

<b>Team Women</b>	<b>Total</b>	<b>Finishers</b>						
1. Providence, RI	52	5	8	9	13	17	37	48
2. Georgetown, DC	58	3	7	12	14	22	24	25
3. Boston College, MA	75	4	10	11	23	27	47	49
4. Notre Dame, IN	126	16	18	29	31	32	34	44
5. West Virginia, WV	137	6	19	30	39	43	55	58
6. Villanova, PA	167	1	2	20	66	78	82	-
7. Rutgers, NJ	197	21	33	42	45	56	57	62

**Individual Women (5k)**

1. Carrie Tollefson, Vill	16:54	31. Nancy Knapp, WVa	18:58
2. Carmen Douma, Vill	17:12	32. Julian Reynolds, Gtown	19:00
3. Kate Landau, Gtown	17:15	33. Bridget O'Brien, NDame	19:02
4. Angela Graham, BCollege	17:22	34. Margie Stanmeyer, Gtown	19:03
5. Sarah Dupre, Prov	17:26	35. Katrina DeBoer, Gtown	19:04
6. Charity Wachera, WVa	17:43	36. Mieke Walsh, NDame	19:05
7. Kristen Gordon, Gtown	17:49	37. Brooke Carney, Rutgers	19:06
8. Rachel Hixson, Prov	17:50	38. Janel Kiley, NDame	19:07
9. Dana Ostrander, Prov	17:52	39. Georgina Bandana, SJohn's	19:08
10. Ann Baldelli, BCollege	17:59	40. Susan Lombardi, SJohn's	19:11
11. Shannon Smith, BCollege	18:05	41. Stephanie O'Reilly, Prov	19:12
12. Michelle Muething, Gtown	18:06	42. Kristin Fosdick, UConn	19:14
13. Maria McCambridge, Prov	18:08	43. Karen Lockhart, WVa	19:15
14. Lorena Adams, Gtown	18:10	44. Leatrice Shaw, Miami	19:16
15. Allison Ciesek, UConn	18:12	45. Alina Pinto, Miami	19:18
16. JoAnna Deter, NDame	18:14	46. Julie Schick, Rutgers	19:19
17. Gladys Ganiel, Prov	18:15	47. Johanna Fisher, WVa	19:22
18. Alison Klammmer, NDame	18:16	48. Patty Rice, NDame	19:24
19. Francine Darroch, WVa	18:18	49. Elizabeth Bentley, Rutgers	19:27
20. Tamiaka Grizzle, Vill	18:20	50. Denise Bakula, NDame	19:28
21. Colleen Sunderland, Rutgers	18:22	51. Lisa Roder, Gtown	19:30
22. Amy Akstin, Gtown	18:26	52. Sarah Schmidt, Syracuse	19:32
23. Kyla Barbour, BCollege	18:31	53. Jodie Lake, BCollege	19:34
24. Autumn Fogg, Gtown	18:38	54. Yvonne O'Donnell, Prov	19:35
25. Melissa Lucas, Gtown	18:40	55. Kerry Andrews, BCollege	19:36
26. Jennie Meighan, Gtown	18:42	56. Jenna Sokolowski, Syracuse	19:38
27. Shannon Sarabyne, Miami	18:47	57. Erin Luby, NDame	19:40
28. Darby Rice, BCollege	18:51	58. Chantee Earl, Pitt	19:42
29. Terrah Chapin, Syracuse	18:55	59. Charlotte Kelly, NDame	19:45
30. Kelly Peterson, NDame	18:56	60. Amy Smith, BCollege	19:46

# NORTHEAST CONFERENCE CHAMPS

**NOV. 1, 1997, NORTHEAST CONFERENCE CHAMPS, TATUM PARK, MIDDLETOWN, NJ**

<b>Team Men</b>	<b>Total</b>	<b>Finishers</b>						
1. Mt. St. Mary's, MD	26	1	2	3	4	16	39	47
2. Monmouth, NJ	42	5	6	7	11	13	23	31
3. St. Francis (PA)	58	8	9	12	14	15	20	24
4. Central Connecticut State, CT	101	10	18	22	25	26	27	30
5. Robert Morris, PA	165	28	29	32	35	41	-	-
6. Fairleigh Dickinson, NJ	172	17	19	34	50	52	-	-
7. Wagner, NY	193	21	37	43	44	48	49	55

**Individual Men (8k)**

1. Daniel Kinyua, MSM	26:43	21. Chris Fekete, Wagner	28:56
2. Aaron Price, MSM	26:45	22. Walter Hansen, CCSt	28:57
3. Brian Rosenberg, MSM	26:45	23. John Weiner, Monm	28:58
4. Tim Kitching, MSM	26:45	24. Steven Petrosky, SFrancis	29:10
5. Josh Horner, Monm	26:53	25. Israel Caro, CCSt	29:12
6. Felix Olivo, Monm	26:55	26. Chris Cone, CCSt	29:25
7. Blaine Williams, Monm	27:01	27. Dan DuMouchel, CCSt	29:29
8. Stephen Moxey, SFrancis	27:02	28. Eugene Daly, RMorris	29:33
9. Arthur Remillard, SFrancis	27:08	29. John Polny, RMorris	29:34
10. Clint Santoro, CCSt	27:23	30. William Schall, CCSt	29:35
11. Richard Airey, Monm	27:28	31. Paulo Oliveria, Monm	29:37
12. Terry Ditmars, SFrancis	27:29	32. Christian Harrison, CCSt	29:38
13. Paul Spurrier, Monm	27:44	33. Mike Throckmorton, RMorris	29:44
14. Doug Stewart, SFrancis	27:58	34. Ben Blake, CCSt	30:03
15. Brian Quinn, SFrancis	28:01	35. Anthony Kurtin, SFrancis (NY)	30:08
16. Dan Shaffer, MSM	28:05	36. Ron Bertram, Monm	30:12
17. Rui Nogueira, FDU	28:14	37. Lance Gittens, FDU	30:16
18. Leo Mayo, CCSt	28:24	38. Adam Dalton, RMorris	30:17
19. Julian Martinez, FDU	28:26	39. Liam McCabe, SFrancis (NY)	30:23
20. Matthew Hartman, SFrancis	28:40	40. Bill Kwasnicki, Wagner	30:25

<b>Team Women</b>	<b>Total</b>	<b>Finishers</b>						
1. St. Francis, PA	43	2	5	8	12	16	20	42
2. Mt. St. Mary's, MD	45	1	3	4	9	28	34	44
3. Monmouth, NJ	104	13	17	18	25	31	35	37
4. Wagner, NY	106	15	19	22	23	27	36	53
5. Fairleigh Dickinson, NJ	127	6	24	26	32	39	45	49
6. CentConnecticutState, CT	132	7	10	29	38	48	-	-
7. Robert Morris, PA	148	14	21	30	40	43	46	52

**Individual Women (5k)**

1. Jessica Totaro, MSM	19:12	21. Jessica Buzon, RMorris	21:45
2. Roberta Pickens, SFrancis	19:26	22. Jen Merschoff, Wagner	21:50
3. Stacy Stoner, MSM	19:34	23. Enid Lasater, Wagner	21:58
4. Amy DeBor, MSM	19:53	24. Kelly Malone, FDU	22:04
5. Katherine Wallace, SFrancis	20:08	25. January Zuk, Monm	22:06
6. Geraldine McQueen, FDU	20:11	26. Ana Tavares, FDU	22:07
7. Heather Gardiner, CCSt	20:39	27. Colleen Thompson, Wagner	22:12
8. Cheryl Cicio, SFrancis	20:43	28. Ashley Foley, MSM	22:27
9. Sarah Wassner, MSM	20:54	29. Barrett Marlan, CCSt	22:37
10. Katie Lertz, CCSt	20:58	30. Hope Meinert, RMorris	22:41
11. Pilar Olivares, LIsland	21:07	31. Stephanie Carlin, Monm	22:50
12. Tammy Pearson, SFrancis	21:11	32. Sonia Noal, FDU	22:53
13. Angelina Johnson, Monm	21:15	33. Margaret Marino, SFrncs(NY)	22:53
14. Michele Buzon, RMorris	21:16	34. Lisa Kaiser, MSM	22:53
15. Wendy Roth, Wagner	21:23	35. Erin Donnelly, Monm	22:55
16. Heather Birkemier, SFrancis	21:25	36. Deb Harris, Wagner	22:56
17. Tammy Gazia, Monm	21:25	37. Jen Adamovich, Monm	22:59
18. Christine Hillock, Monm	21:31	38. Kelly Fitzpatrick, Monm	23:10
19. Amy Lisojo, Wagner	21:37	39. Heather Odium, CCSt	23:17
20. Suzanne Weigle, SFrancis	21:41	40. Rachell Joseph, FDU	23:21



# ATLANTIC COAST CONFERENCE CHAMPS

NOV. 3, 1997, ATLANTIC COAST CONF CHAMPIONSHIPS, FLORIDA STATE UNIVERSITY, TALLAHASSEE, FL

Team Men	Total	Finishers						
1. North Carolina State, NC	24	2	3	4	7	8	10	12
2. Wake Forest, NC	73	6	11	17	19	20	41	44
3. Clemson, SC	75	5	9	16	22	23	30	46
4. North Carolina, NC	86	1	14	18	24	29	32	35
6. Virginia, VA	184	28	31	38	39	48	49	54
8. Maryland, MD	220	36	42	43	47	52	57	61

Team Women	Total	Finishers						
1. North Carolina State, NC	28	2	5	6	7	8	26	35
2. Wake Forest, NC	48	1	4	12	15	16	24	29
3. North Carolina, NC	70	3	9	18	19	21	48	51
4. Virginia, VA	110	10	13	22	31	34	42	50
6. Clemson, SC	157	17	25	28	43	44	52	57
8. Maryland, MD	227	37	41	46	47	56	58	59

**Individual Men (8k)**

1. John Cline, NC	24:07	26. Charlie Kelly, Duke	25:23
2. Chan Pons, NCS	24:11	27. Phillip Gable, GTech	25:28
3. Corby Pons, NCS	24:12	28. Terry Brennan, Duke	25:32
4. Brendan Rodgers, NCS	24:13	29. Ray Weeden, VA	25:36
5. Jason Reckner, Clem	24:29	30. Bill Jackson, NC	25:39
6. Nolan Swanson, WF	24:33	31. Steve Alexander, Clem	25:40
7. Robbie Howell, NCS	24:35	32. Richard Davis, VA	25:42
8. Abdul Alzindani, NCS	24:37	33. Danny Stein, NC	25:44
9. Joe Gibson, Clem	24:38	34. Joe Stegall, GTech	25:45
10. Joe Wirgau, NCS	24:39	35. Brad Mills, GTech	25:46
11. Eric Dunn, WF	24:42	36. Todd Morgan, NC	25:49
12. Chris Pluchos, NCS	24:51	37. Matt Green, MD	25:49
13. Tom Becker, Duke	24:52	38. Mike Park, Duke	25:53
14. Chris Dugan, NCS	24:56	39. William Palmer, VA	25:54
15. Jeff Connolly, NC	25:00	40. Robert Thiele, VA	25:54
16. Brendan Fitzgibbon, Duke	25:02	41. David Ogletree, FlorSt	25:55
17. Trent Kirk, Clem	25:07	42. Hunter Kemper, WF	25:55
18. Brett Strahan, WF	25:08	43. Ed Hogan, MD	25:58
19. Nick Winkel, NC	25:10	44. Bobby Vanallen, MD	26:00
20. Pat Fitzgerald, WF	25:11	45. Joshua Buffolino, WF	26:02
21. Stephan Pro, WF	25:12	46. Todd Gandee, GTech	26:03
22. Aaron Scheer, FlorSt	25:14	47. Jason Putnam, Clem	26:03
23. Esteban Diaz, Clem	25:15	48. Greg Hunger, MD	26:07
24. Matt Tooman, Clem	25:16	49. Robert Pearce, VA	26:12
25. Kevin Pierpoint, NC	25:18	50. James Farley, VA	26:13

**Individual Women (5k)**

1. Janelle Kraus, WF	17:07	26. Jackie Coscia, NCS	18:20
2. Laura Rhoads, NCS	17:12	27. Camille Wilson, Duke	18:21
3. Trish Nervo, NC	17:34	28. Beth Ahern, Clem	18:22
4. Kelly Brady, WF	17:36	29. Becky Pollock, WF	18:25
5. Amy Beykirch, NCS	17:36	30. Linda Lisska, Gtech	18:26
6. Sarah Gray, NCS	17:39	31. Dana Coons, VA	18:29
7. Erin Musson, NCS	17:42	32. Tina Frey, Gtech	18:29
8. Meredith Faircloth, NCS	17:46	33. Nicole Singleton, FlorSt	18:29
9. Julie Smith, NC	17:48	34. Wendy Riker, NC	18:35
10. Cheryl Twomey, VA	17:49	35. Sara Rhoads, NCS	18:36
11. Megan Sullivan, Duke	17:56	36. Kim Folk, Duke	18:37
12. Amy Wallace, WF	17:57	37. Kelly Crowley, MD	18:40
13. Jennifer Owens, VA	17:57	38. Colette Gurtler, Duke	18:42
14. Beth O'Donnell, Duke	18:00	39. Judy Johnson, GTech	18:42
15. Jill Snyder, WF	18:03	40. Floren Ansley, GTech	18:44
16. Emily Selvidio, WF	18:06	41. Lisa DeGrecchie, MD	18:47
17. Megan Hartman, Clem	18:07	42. Tracey Freyre, VA	18:52
18. Jennifer Strange, NC	18:11	43. Jennifer Meador, Clem	18:53
19. Heather Tanner, NC	18:12	44. Brantley Epps, Clem	18:53
20. Becky Megesi, GTech	18:13	45. Diana Hartnup, FlorSt	18:55
21. Sara Majka, NC	18:14	46. Keri Seher, MD	19:00
22. Mary Sutherland, VA	18:14	47. Rebecca Mack, MD	19:01
23. Kristin Faraguna, Duke	18:16	48. Beth George, NC	19:02
24. Summer Shaw, WF	18:19	49. Kim Reynolds, Duke	19:03
25. Julianne Littmann, Clem	18:20	50. Cassie Messerschmidt, NCS	19:10

# COLONIAL ATHLETIC ASSOC CHAMPS

NOV. 1, 1997, COLONIAL ATHLETIC ASSOC CHAMPS, WILLIAM & MARY, WILLIAMSBURG, VA

Team Men	Total	Finishers						
1. William & Mary, VA	24	2	4	5	6	7	13	16
2. James Madison, VA	52	3	9	11	12	17	18	22
3. George Mason, VA	92	1	15	20	24	32	37	51
4. Virginia Commonwealth, VA	111	10	21	23	28	29	30	44
6. UNC-Wilmington, NC	135	8	25	31	35	36	43	49

Team Women	Total	Finishers						
1. William & Mary, VA	37	3	6	8	9	11	12	13
2. James Madison, VA	39	2	5	7	10	15	16	17
3. East Carolina, NC	121	19	22	23	25	32	46	51
4. UNC-Wilmington, NC	123	4	21	24	30	44	48	57
6. George Mason, VA	152	1	29	31	42	49	56	58

**Individual Men (8k)**

1. Julius Achon, GMU	23:57	16. Matt Maron, W&M	25:21
2. Matt Lane, W&M	23:58	17. Scott Davis, JMU	25:22
3. Ryan Foster, JMU	24:19	18. Jason Alexander, JMU	25:28
4. Howard Townsend, W&M	24:31	19. Jmie Mance, ECU	25:32
5. Mike Brown, W&M	24:42	20. Geoff Williamson, W&M	25:35
6. Kimble Woodworth, W&M	24:42	21. Miklos Arpasi, GMU	25:40
7. Tom Ryan, W&M	24:43	22. Jesus Ortega, VCU	25:41
8. Frank Gagliano, UNCW	24:51	23. Ryan Mammen, JMU	25:42
9. Ben Cooke, JMU	24:57	24. Gene Manner, W&M	25:44
10. Francis Rono, VCU	25:01	25. Gene Graffenstein, VCU	25:48
11. Pat Anderson, JMU	25:03	26. Russ Coleman, JMU	25:49
12. Michael Fox, JMU	25:04	27. Dan McKay, GMU	25:50
13. Brent Colburn, W&M	25:11	28. Paul Wiesner, UNCW	25:51
14. Justin England, ECU	25:15	29. Stuart Will, ECU	25:56
15. Mike Halla, GMU	25:20	30. Brian Beil, ECU	26:01

**Individual Women (5k)**

1. Amina Amaddah, GMU	17:14	16. Alison Mann, W&M	18:19
2. Bethany Eigel, JMU	17:21	17. Laurie Sturgell, W&M	18:22
3. Kathy Newberry, W&M	17:32	18. Jessica Tremblay, JMU	18:26
4. Andrea Virga, UNCW	17:33	19. Keisha Banks, JMU	18:35
5. Jenae Strader, JMU	17:35	20. Claire Kelley, VCU	18:39
6. Aryn Fahey, W&M	17:41	21. Carin Ward, JMU	18:41
7. Tracey Livengood, JMU	17:49	22. Kerri Hartling, ECU	18:41
8. Tressa Breindel, W&M	17:54	23. Jamie Schneider, ODU	18:48
9. Emily Furia, W&M	17:58	24. Jaime Hunter, UNCW	18:49
10. Bridgette Quenzer, JMU	18:01	25. Robin Bates, ECU	18:50
11. Dana Pascarella, W&M	18:04	26. Sarah Matthes, JMU	18:51
12. Jackie Kerr, W&M	18:08	27. Alicia Adams, W&M	18:52
13. Becky Flowers, W&M	18:12	28. Candice Major, W&M	18:54
14. Katie Filipczyk, AU	18:12	29. Sarah Burkett, JMU	18:59
15. Heather Hanscom, JMU	18:15	30. Christine Torreele, JMU	19:00

# #1 RANKED STANFORD SWEEPS PAC 10

Team Men (@ Stanford)	Total	Individual Men (8k)			
1. Stanford	33	1. Bernard Lagat, WashSt	23:59		
2. Oregon	86	2. Mebrahtom Keflezighi, UCLA	24:07		
3. Washington State	88	3. Nathan Nutter, Stan	24:18		
4. UCLA	103	4. Brad Hauser, Stan	24:31		
5. Arizona	113	6. Jason Lunn, Stan	24:36		
6. Washington	116	8. Jonathon Riley, Stan	24:37		
7. California	146	12. Brent Hauser, Stan	24:55		

Team Women (@ Stanford)	Total	Individual Women (5k)			
1. Stanford	36	1. Amy Skieresz, AZ	16:40		
2. Oregon	72	2. Marie Davis, Oregon	17:13		
2. Washington	72	3. Julia Stamps, Stan	17:13		
4. UCLA	127	4. Mary Cobb, Stan	17:21		
5. Arizona	148	5. Sally Glynn, Stan	17:25		
6. USC	153	7. Sara Renfro, Stan	17:32		
7. Washington State	163	17. Ann Ramsey, Stan	18:01		

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## TOP 25 HS TEAMS

### MEN

1. (tie) Lake Braddock, VA  
Whitman, MD
2. West Potomac, VA
3. West Springfield, VA
4. Jefferson, VA
5. St. Alban's, DC
6. Woodbridge, VA
7. Oakton, VA
8. Wilde Lake, MD
9. Paul VI, VA
10. Gaithersburg, MD
11. Potomac Falls, VA
12. Hayfield, VA
13. Robinson, VA
14. South Lakes, VA
15. DeMatha, MD
16. Stafford, VA
17. James Wood, VA
18. Sherando, VA
19. Landon, MD
20. Atholton, MD
21. Lee, VA

### WOMEN

1. Lake Braddock, VA
2. Centreville, VA
3. Woodbridge, VA
4. Jefferson, VA
5. Quince Orchard, MD
6. Langley, VA
7. Good Counsel, MD
8. Robinson, VA
9. West Springfield, VA
10. Brentsville, VA
11. Herndon, VA
12. Centennial, MD
13. Mt. Hebron, MD
14. Chantilly, VA
15. Walter Johnson, MD
16. Severna Park, MD
17. Broad Run, VA
18. Brooke Point, VA
19. Wilde Lake, MD
20. Sherando, VA
21. Garfield, VA
22. Stafford, VA