
The Washington Area Indoor Track Association

Weekly Scholastic & Collegiate Results

WASHINGTON, D.C. - Welcome! You are among 125 Washington Area high schools and 50 Division I, II, and III nationwide universities who are receiving this complementary issue.

As a former cross country coach (Gonzaga College HS, Wash., D.C.), I frequently heard from coaches, athletes and parents who wanted more information (meet results) and more publicity for their sport. The goal of this publication is (1) to provide local and national followers of cross country, indoor track and outdoor track, with scholastic and collegiate Washington Area meet results on a weekly basis; and (2) to establish a medium through which the accomplishments of individuals and teams can be acknowledged and publicized (strictly on meet results, without any opinions).

Before we realize, the fast approaching 1996 Summer Olympic Games in Atlanta, Georgia will be on our television sets and in our newspapers from July 19 to August 4th of next year, consuming our daily lives. Looking at a calendar, the countdown to the Opening Ceremony is a mere 234 days away.

Closer to us, in time and vicinity, is perhaps the premiere Indoor Track event in the United States, the Mobil Invitational at George Mason University in Fairfax, Virginia, on February 24, 1996.

Some of the athletes possibly appearing in future Mobil Invitationals and Summer Olympic Games, are the nation's best scholastic and collegiate track athletes competing right here in the Washington Area!

Our indoor track coverage will include the area high schools and universities that are listed below. Schools not listed here are not restricted from providing information.

- D.C. Public HS
- Virginia Northern Region Public HS
- Montgomery County (Md.) Public HS
- Prince George's County (Md.) Public HS
- Anne Arundel County (Md.) Public HS
- Howard County (Md.) Public HS
- Southern Maryland Athletic Conference HS
- IAC & WCAC Private HS
- Washington Area Universities

A partial list of the universities who have been sent this issue include:

Arkansas, BYU, Colorado, Florida, Houston, Iowa St., LSU, Michigan, N. Arizona, NC State, Notre Dame, Oklahoma St., Oregon, Penn St., Providence, So. Methodist, Stanford, Texas, USC, UCLA, Villanova, Virginia, W. Virginia, William & Mary and Wisconsin.

If you are an indoor track, outdoor track or cross country coach, wouldn't you want a publication where:

- you will increase your knowledge of area scholastic competition & collegiate programs?
- you will see how your programs compare to your strongest competitors?
- you will receive complete meet-by-meet information on scholastic athletes who will be helping your future collegiate programs?
- you will find that 'sleeper' athlete who, without this publication, might have always been overlooked?
- you will receive this information on a weekly basis?

If you are an indoor track, outdoor track or cross country athlete, wouldn't you want a publication where:

- you too will increase your knowledge of area scholastic competition & collegiate programs?
- you will obtain individual and team rankings by event?
- you will receive complete meet results?
- you will compare yourself to other national athletes?
- you will expose yourself to Division I, II and III head coaches who will be reading of your accomplishments?
- you simply will find your name & friends names in meet results?
- you will receive this information on a weekly basis?

This issue contains: a review of the 1994-95 indoor track season including the Best of 1994-95 Washington Area Scholastic Indoor Track, results from the Md. State 4A, 3A and 2A/1A HS Championships, the DCIAA Public HS Championships, the Va. Northern Region HS Championships, and the Big East Championships. Also included are complete results from the NCAA Division I National Cross Country Championships held November 20, 1995, at Iowa State University and schedules for December 1995 Washington Area Indoor Track Meets.

Future Indoor Track issues are anticipated to be delivered on the following dates:

December	January	February	March
12, 19, 29	16, 23, 30	6, 13, 20, 27	5, 12

Subscription to **The Washington Area Indoor Track Association, Weekly Scholastic & Collegiate Results** for coaches, parents, and fans is 12 weekly issues for \$30 (only \$7.50 per month). Coaches, please forward this issue to your athletes. Seeing their names published will be a great motivator. A special discount is available to athletes - if your coach is already a subscriber, you can get all 12 weekly issues for only \$25. Send your name, school, address and phone number to the address listed below. Make check or money order payable to Capital Area Results. **Looking forward to the upcoming season!**

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BEST OF 1994-95 WASHINGTON AREA SCHOLASTIC INDOOR TRACK

MEN

55m:	6.2*	Richard Queen, Old Mill & Topper Ellis, N. County
200m:	22.97	Jermaine Arrington, Bowie
300m:	35.7*	Rodriques Pfister, Ballou
400m:	50.09	Rodriques Pfister, Ballou
500m:	1:06.0	Keith Ford, DuVal & Rodriques Pfister, Ballou
800m:	1:58.6	Karl Thomas, Eleanor Roosevelt
1000m:	2:31.6	Rob Pearce, Lee
1600m:	4:13.5	Sharif Karie, West Springfield
3200m:	9:21.0	Sharif Karie, West Springfield
55 hurdles:	7.30	Dawane Wallace, Mount Vernon
4X200 relay:	1:32.9	T.C. Williams
4X400 relay:	3:26.4	Centreville
4X800 relay:	7:59.4	Robinson
Long Jump:	23-8 3/4	Dawane Wallace, Mount Vernon
Triple Jump:	48-6	Asha Porter, H.D. Woodson
High Jump:	6-8	Doug Humphrey, West Springfield
Shot Put:	57-6	Dave Neubeiser, Gaithersburg
Pole Vault:	14-0	Billy Heese, Herndon & Kevin Coyne, W. Springfield

WOMEN

55m:	7.08	Destyne Jones, Centreville
200m:	24.83	Alexis Simmons, Wilson
300m:	38.6*	Suziann Reid, Eleanor Roosevelt
400m:	53.93	Suziann Reid, Eleanor Roosevelt
500m:	1:14.0	Suziann Reid, Eleanor Roosevelt
800m:	2:14.6	Kristen Nicolini, Annapolis
1000m:	2:54.3	Stacey Carpenter, Hylton
1600m:	4:59.5	Sally Glynn, Walter Johnson
3200m:	10:52.6	Jackie Kerr, Jefferson
55 hurdles:	8.17	Destyne Jones, Centreville
4X200 relay:	1:44.4	West Potomac
4X400 relay:	3:57.8	Eleanor Roosevelt
4X800 relay:	9:39.3	T.C. Williams
Long Jump:	19-4 1/2	Destyne Jones, Centreville
Triple Jump:	39-8 1/2	Jennifer Walker, Jefferson
High Jump:	5-6	Nana Jeffrey-Idun, Wheaton & Juliannia Njoku, Paint Branch & Caitlyn King, Lake Braddock
Shot Put:	39-11	Alease Tate, Gar-Field

* Hand-Timed

1994-95 WASHINGTON AREA INDOOR TRACK CHAMPIONSHIP RESULTS

Virginia AAA Northern Region HS Championship (George Mason U.)

MEN: 1. Centreville 62, 2. West Potomac 61, 3. Chantilly 47, 4. West Springfield 47, 5. Robinson 43
55m: Ben Jullien, W.T. Woodson 6.52, 300m: Kizazi Swan, Chantilly 36.07, 500m: Matt Bond, Robinson 1:06.5, 1000m: Rob Pearce, Lee 2:34.0, 1600m: Sharif Karie, W. Springfield 4:13.5, 55 hurdles: Dawane Wallace, Mt. Vernon 7.30, 4X200 relay: T.C. Williams 1:32.9, 4X400 relay: Centreville 3:27.4, 4X800 relay: Lake Braddock 8:13.6, Long Jump: Wallace, Mt. Vernon 23-6 1/2, Triple Jump: Cleveland McCrory, W. Potomac 47-10, High Jump: Phil Purgason, Centreville 6-6, Shot Put: Dan McGrath, Centreville 53-11, Pole Vault: Kevin Coyne, W. Springfield 13-0

WOMEN: 1. Centreville 100, 2. West Potomac 58, 3. Lake Braddock 56, 4. Robinson 38, 5. T.C. Williams 37
55m: Destyne Jones, Centreville 7.17, 300m: Connie McKnight, Robinson 41.44, 500m: McKnight, Robinson 1:16.5, 1000m: Katy Rees, W. Springfield 3:04.5, 1600m: Laura Heiner, Centreville 5:03.0, 3200m: Heiner, Centreville 11:10.8, 55 hurdles: Jones, Centreville 8.52, 4X200 relay: W. Potomac 1:49.9, 4X400 relay: T.C. Williams 4:06.2, 4x800 relay: T.C. Williams 9:47.6, Long Jump: Jones, Centreville 19-4 1/4, Triple Jump: Jones, Centreville 39-5 1/2, High Jump: Caitlyn King, Lake Braddock 5-6, Shot Put: Janel Beckham, Jefferson 39-10 1/4

DCIAA (D.C.) Public HS Championships (Natonal Armory, D.C.)

MEN: 1. H.D. Woodson 116, 2. Ballou 106.5, 3. Wilson 49, 4. Coolidge 43.5
55m: Earl Dawkins, Coolidge 6.73, 300m: Rodriques Pfister, Ballou 35.7, 500m: Pfister, Ballou 1:07.7, 1000m: Kenny Butler, H.D. Woodson 2:47.7, 1600m: Butler, H.D. Woodson 4:58.0, 3200m: Butler, H.D. Woodson 10:46.3, 55 hurdles: Pfister, Ballou 7.55, 4X200 relay: H.D. Woodson 1:48.6, 4X400 relay: Wilson 3:45.2, 4X800 relay: H.D. Woodson 8:56.2, High Jump: Asha Porter, H.D. Woodson 6-2, Shot put: Terry Dixon, Anacostia 44-8

WOMEN: 1. H.D. Woodson 139, 2. Anacostia 73, 3. Eastern 68, 4. Wilson 61, 5. T. Roosevelt 40
55m: Alexis Simmons, Wilson 7.3, 300m: Simmons, Wilson 41.1, 500m: Chermaine Schmidt, Eastern 1:19.8, 1000m: Schmidt, Eastern 3:17.9, 1600m: Lorricha Broxton, Eastern 6:17.0, 3200m: Chanell Sewell, H.D. Woodson 13:17.1, 55 hurdles: Michelle Munday, H.D. Woodson 8.6, 4X200 relay: H.D. Woodson 1:48.6, 4X400 relay: Wilson 4:19.9, 4X800 relay: Eastern 11:09, High Jump: Twanda Mitchell, Anacostia 5-4, Shot Put: Raquita Harvey, H.D. Woodson 34-8

Maryland State 4A HS Championship (Baltimore - 5th Regiment Armory)

MEN: 1. E. Roosevelt 54, 2. Perry Hall 44, 3. North County & Old Mill 42, 5. Gaithersburg 41
55m: Richard Queen, Old Mill 6.58, 300m: James Carter, Mergenthaler 36.93, 500m: Anthony Reid, Woodlawn 1:08.9, 1600m: Ryan Stephens, Chesapeake 4:35.1, 3200m: David Harry, Quince Orchard 10:08.1, 55 hurdles: James Carter, Mergenthaler 7.50, 4X200 relay: Woodlawn 1:34.8, 4X400 relay: North County 3:30.1, 4X800 relay: E. Roosevelt 8:21.6, High Jump: Travis Ndure, Gaithersburg 6-6, Shot Put: Dave Neubeiser, Gaithersburg 56-3, Pole Vault: David Russell, Perry Hall 14-7

WOMEN: 1. E. Roosevelt 72, 2. Old Mill 44.5, 3. Frederick 44, 4. Northwestern 30, 5. Watkins Mill 26
55m: Latia Holloman, E. Roosevelt 7.36, 300m: Suziann Reid, E. Roosevelt 39.8, 500m: Reid, E. Roosevelt 1:14.0, 1600m: Krissy Jost, Perry Hall 5:01.9, 3200m: Jost, Perry Hall 10:47.5, 55 hurdles: Martise Moore, Old Mill 8.44, 4X200 relay: E. Roosevelt 1:46.9, 4X400 relay: E. Roosevelt 4:04.8, 4X800 relay: Annapolis 9:50.6, High Jump: Kristin Wimbrow, Old Mill 5-2, Shot Put: Lakeisha Brown, High Point 36-4 1/2

1994-95 WASHINGTON AREA INDOOR TRACK CHAMPIONSHIP RESULTS

Maryland State 3A HS Championship (Baltimore - 5th Regiment Armory)

MEN: 1. Linganore 57, 2. Seneca Valley 52, 3. DuVal 30, 4. Parkville 30, 5. Broadneck 29

55m: Jason Stephens, Howard 6.71, 300m: Clifford Paul, Wheaton 37.5, 500m: Keith Ford, DuVal 1:08.3, 800m: Fred Hunter, Seneca Valley 2:06.3, 1600m: Joe Smith, Parkville 4:40.2, 3200m: Shawn Carpenter, Franklin 10:11.6, 55 hurdles: Daniel Thompson, Douglass 7.89, 4X200 relay: DuVal 1:38.7, 4X400 relay: DuVal 3:39.5, 4X800 relay: Linganore 8:38.4, High Jump: Charles Wyatt, Seneca Valley 6-2, Shot Put: Dave Keller, Parkville 51-8, Pole Vault: Nathan Fee, Linganore 12-6

WOMEN: 1. Linganore 60, 2. Paint Branch 42, 3. Howard 41, 4. Walter Johnson 36, 5. Wheaton 34

55m: Kym Morehouse, Howard 7.43, 300m: Shakara Grant, Wheaton 41.8, 500m: Grant, Wheaton 1:18.2, 800m: Sally Glynn, W. Johnson 2:17.0, 1600m: Glynn, W. Johnson 5:31, 3200m: Glynn, W. Johnson 11:50.6, 55 hurdles: Renee Holtz, Kennedy 8.72, 4X200 relay: Howard 1:49.8, 4X400 relay: Paint Branch 4:14.7, 4X800 relay: Linganore 10:08.8, High Jump: Nana Jeffrey-Idun, Wheaton 5-6, Shot Put: Erin Williams 35-7

Maryland State 2A/1A HS Championship (Baltimore - 5th Regiment Armory)

MEN: 1. Atholton 62, 2. Oakland Mills 43, 3. Forestville 41, 4. Glenelg 37, 5. Central 28.5

55m: Shelton Somonson, Victor Cullen 6.5, 300m: Clifford Wong, Forestville 37.5, 500m: Jared Howard, Atholton 1:09.5, 800m: Greg Lopeta, Hereford 2:04, 1600m: Zachary Tropf, Atholton 4:35.8, 3200m: Steve Petro, Oakland Mills 10:08.5, 55 hurdles: Kyle Walker, Oakland Mills 7.6, 4X200 relay: Central 1:36.4, 4X400 relay: Atholton 3:33.6, 4X800 relay: Oakland Mills 8:33.7, High Jump: Alex Frascchetti, Stephen Decatur 6-2, Shot Put: Adrian Newman, South River 50-5, Pole Vault: Pat Tvarunas, Glenelg 12-0

WOMEN: 1. Fairmont Heights 60, 2. Central 54, 3. Wilde Lake 30, 4. Catonsville 29, 5. Glenelg 23

55m: Sirena Williams, Central 7.4, 300m: Debbie Dunn, Fairmont Heights 41.9, 500m: Dunn, F. Heights 1:19.5, 800m: Leigh Hancil, F. Heights 2:22.6, 1600m: Hancil, F. Heights 5:23.6, 3200m: Adrian Unger, Brunswick 11:57.8, 55 hurdles: Lindsey Rupp, Glenelg 8.7, 4X200 relay: Wilde Lake 1:49.8, 4X400 relay: F. Heights 4:12.7, 4X800 relay: Catonsville 9:59.7, High Jump: Amy Bidle, Boonsboro 5-2, Shot Put: Jennifer Hartley, Smithsburg 36-0

Big East Championship (Syracuse, N.Y.)

MEN: 1. Georgetown 107, 2. Seton Hall 92 1/2, 3. Miami 78, 4. UConn 71, 5. Pittsburgh 63, 6. Villanova 61 1/2

55m: Jones, Miami 6.29, 200m: Lyles, Seton Hall 21.15, 400m: Lyles, SH 46.69, 500m: Thorne, Miami 1:02.0, 800m: Thorne, Miami 1:49.9, 1000m: Daniels, SH 2:24.2, Mile: Nason, Villanova 4:07.7, 3000m: Carroll, Providence 8:01.5, 5000m: Georgules, Boston College 14:18.9, 55 high hurdles: Dorival, UConn 7.35, 4X400 relay: SH 3:12.6, 4X800 relay: SH 7:35.9, Long Jump: Muhammad, UConn 24-8 1/4, Triple Jump: Muhammad, UConn 48-10, High Jump: Callaghan, UConn 6-11, Shot Put: Harris, Miami 52-2, Pole Vault: Dall, Miami 15-9

WOMEN: 1. Georgetown 95, 2. Villanova 80 1/2, 3. Pitt 79, 4. Seton Hall 71, 5. UConn 61, 6. Miami 54 1/2

55m: Mitchell, G'town 6.9, 200m: Mitchell, G'town 24.14, 400m: Caine, SH 53.9, 500m: Ross, SH 1:11.8, 800m: Woodward, Villanova 2:07.0, 1000m: Spies, Vill. 2:48.5, Mile: Sullivan, Vill. 4:44.5, 3000m: Rudolph, Prov. 9:28.6, 5000m: Rhines, Vill. 16:07.4, 55 high hurdles: Russell, Miami 7.65, 4X400 relay: SH 3:40.9, 4X800 relay: Villanova 9:00.8, Long Jump: Fletcher, Pitt 20-9 1/4, Triple Jump: Fletcher, Pitt 42-6 1/4, High Jump: Fletcher, Pitt 42-6 1/4, Shot Put: Francis, Syracuse 49-5 3/4

NCAA DIVISION I NATIONAL CROSS COUNTRY CHAMPIONSHIP

November 20, 1995 - Iowa State University

MEN

1. Arkansas 100, 2. Northern Arizona 142, 3. Oklahoma State 150, 4. Colorado 181, 5. Stanford 209, 6. Georgetown 212, 7. Oregon 228, 8. Providence 237, 9. Notre Dame 237, 10. BYU 254, 11. Michigan 267, 12. Tennessee 272, 13. North Carolina State 283, 14. Wisconsin 285, 15. Villanova 302, 16. Dartmouth 390, 17. William & Mary 398, 18. Iowa State 451, 19. Michigan State 474, 20. Wake Forest 498, 21. So. Methodist 514, 22. So. Illinois 598

INDIVIDUALS (10k)

1. Siamusiye, Ark. 30:09, 2. Carroll, Prov. 30:45, 3. Mack, Air Force 30:46, 4. Kiptum, Ok. St. 30:54, 5. Wilson, Ark. 30:57, 6. Goucher, Col. 30:58, 7. Cosey, Tenn. 30:59, 8. Sullivan, Mich. 30:59, 9. Keflezighi, UCLA 31:00, 10. Wild, Ok. St. 31:01, 11. Keino, Arizona 31:01, 12. Bolton, Wyoming 31:02, 13. Nemas, Kentucky 31:03, 14. Holt, Oklahoma 31:07, 15. Davis, Oreg. 31:08, 16. Johansen, BYU 31:17, 17. Carswell, Harvard 31:18, 18. Emamaullee, Alabama 31:19, 19. Downin, Georg. 31:21, 20. Bile, N. Ariz. 31:23, 21. Drozdov, Ia. St. 31:24, 22. Joyce, NC St. 31:24, 23. Jimmerson, Stan. 31:25, 24. Culpepper, Col. 31:26, 25. Critchley, Ok. St. 31:27, 26. Nason, Vill. 31:29, 27. Selling, ND 31:31, 28. Menon, Wis. 31:32, 29. Gonzalez, NC St. 31:34, 30. Tim Martin, N. Ariz. 31:38, 31. McCarthy, Iona 31:40, 32. Theo Martin, N. Ariz. 31:41, 33. Howell, N. Ariz. 31:44, 34. Keska, Oreg. 31:45, 35. Steidl, Portland 31:46, 36. Kitur, Mt. St. Mary's 31:47, 37. Mortimer, Mich. 31:47, 38. Kaley, Ark. 31:49, 39. Wells, Col. 31:50, 40. Cantwell, Oreg. 31:51, 41. Gurry, Oreg. 31:51, 42. Nutter, Stan. 31:52, 43. Price, Ark. 31:53, 44. O'Brien, Georg. 31:54, 45. Uribe, Boise St. 31:56, 46. Christiani, Vill. 31:57, 47. Letherby, Georgia St. 31:58, 48. Cooper, Col. 31:59, 49. Kirkwood, Oklahoma 32:00, 50. Kerr, Ark. 32:01, 51. Allen, So. Meth. 32:03, 52. Deese, Cent. Mich. 32:03, 53. Dobert, Wis. 32:06, 54. Molla, Mich. 32:06, 55. Stewart Ellington, Tenn. 32:07, 56. Heily, Georg. 32:08, 57. Dwyer, Dart. 32:11, 58. England, Ohio St. 32:13, 59. Wedlake, Prov. 32:14, 60. Mutai, Ok. St. 32:15, 61. Landreth, Conn. 32:15, 62. Healy, Prov. 32:16, 63. Althoff, ND 32:16, 64. Allwell, W. Kent. 32:17, 65. Dailey, Ark. 32:21, 66. Fadil, Stan. 32:22, 67. Lawson, BYU 32:22, 68. Goba, Tenn. 32:23, 69. Brown, W & M 32:24, 70. White, Stan. 32:24, 71. Dunlop, ND 32:25, 72. Rhoads, BYU 32:25, 73. Sivieri, Georg. 32:26, 74. Dudley, W. Virg. 32:26, 75. Crabbe, Boston U. 32:26, 76. Shelley, Navy 32:27, 77. Conrad, Dart. 32:28, 78. Arce, ND 32:30, 79. Hendengren, BYU 32:31, 80. Rodrigues, W & M 32:33, 81. Brown, Tenn. 32:33, 82. Cera, N. Ariz. 32:34, 83. Martisus, ND 32:35, 84. Brent Hauser, Stan. 32:37, 85. Hartman, Texas-San Antonio 32:38, 86. Lassiter, Ark. 32:39, 87. Bonsall, Nebraska 32:39, 88. Noad, Prov. 32:40, 89. Zehms, Wis.-Mil. 32:42, 90. Tressler, Vill. 32:42, 91. Brinen, Wis. 32:43, 92. Smith, N. Ariz. 32:44, 93. Wright, Ia. St. 32:44, 94. Langan, Dart. 32:44, 95. Balkman, Stan. 32:45, 96. Quinn, St. John's 32:45, 97. Heffernan, Georg. 32:46, 98. Brooks, NC St. 32:49, 99. Chan Pons, NC St. 32:50, 100. Mark Hauser, Wis. 32:51, 101. Cooney, SO. Meth. 32:53, 102. Mazur, Vill. 32:54, 103. Curley, Ok. St. 32:55, 104. Brad Hauser, Stan. 32:56, 105. Barnett, Mich. 32:58, 106. Dunn, W & M 32:59, 107. Kent, Prov. 33:00, 108. Parkinson, BYU 33:01, 109. Russell, W. Forest 33:03, 110. Bosley, Wis. 33:04, 111. Donnelly, Prov. 33:04, 112. Dwyer, Georgia St. 33:05, 113. Lett, Mich. St. 33:05, 114. Myers, Prov. 33:07, 115. Swanson, W. Forest 33:08, 116. Koers, Illinois 33:09, 117. Marcero, Mich. St. 33:09, 118. Dunn, W. Forest 33:10, 119. Fooks, So. Ill. 33:11, 120. Doherty, Georg. 33:12, 121. Eigel, W & M 33:13, 122. Downs, Wis. 33:13, 123. Jensen, Ok. St. 33:14, 124. Severy, Col. 33:14, 125. Rugh, Mich. St. 33:14, 126. Lutz, Mich. St. 33:15, 127. Hoard, Mich. St. 33:15, 128. Bache, NC St. 33:15, 129. McDonald, Dart. 33:16, 130. Wirgau, NC St. 33:16, 131. Keim, Baylor 33:18, 132. Alder, BYU 33:20, 133. Rexing, ND 33:21, 134. Begley, Wis. 33:21, 135. Soto, Vill. 33:23, 136. Priest, Texas A&M 33:23, 137. Batliner, Col. 33:26, 138. Parks, So. Ill. 33:29, 139. Don-Wachope, Ok. St. 33:31, 140. St. Clair, BYU 33:34, 141. Guerrini, W. Forest 33:36, 142. Mendez, W & M 33:41, 143. Corby Pons, NC St. 33:41, 144. Burt, Mich. 33:42, 145. Doug Ellington, Tenn. 33:42, 146. Gary, Ohio St. 33:42, 147. Ihmels, Ia. St. 33:43, 148. Wetzell, Georg. 33:44, 149. Estabrook, Ia. St. 33:45, 150. Schumacher, Dart. 33:47, 151. Wehrman, Mich. St. 33:49, 152. Strahan, W. Forest 33:54, 153. Weele, W & M 33:57, 154. Howard, Vill. 34:02, 155. Townsend, W & M 34:03, 156. Cordero, So. Meth. 34:04, 157. McLaughlin, Mich. 34:08, 158. Gerhart, Dart. 34:12, 159. Snyder, Mich. 34:14, 160. Ferguson, N. Ariz. 34:17, 161. Mamerros, So. Ill. 34:20, 162. Lisk, So. Ill. 34:23, 163. Thomas, Ia. St. 34:26, 164. Parks, So. Ill. 34:33, 165. Hollister, Oreg. 34:36, 166. Cragg, So. Meth. 34:48, 167. Dunn, Vill. 34:51, 168. Smedley, ND 34:52, 169. Buendia, So. Meth. 34:54, 170. Boyd, W. Forest 34:55, 171. Burkhart, Tenn. 34:55, 172. Meyer, Ia. St. 34:58, 173. Stohl, So. Meth. 35:01, 174. Donovan, Dart. 35:06, 175. Fitzgerald, W. Forest 35:31, 176. Dickie, Tenn. 35:59, 177. Daly, So. Ill. 36:10

NCAA DIVISION I NATIONAL CROSS COUNTRY CHAMPIONSHIP

November 20, 1995 - Iowa State University

WOMEN

1. Providence 88, 2. Colorado 123, 3. Villanova 151, 4. BYU 164, 5. Oregon 174, 6. Arizona 186, 7. Michigan 199, 8. Georgetown 228, 9. Stanford 235, 10. Wisconsin 255, 11. Dartmouth 257, 12. Arkansas 324, 13. Auburn 335, 14. Washington 347, 15. Montana State 379, 16. NC State 381, 17. So. Methodist 387, 18. Florida 396, 19. Bowling Green 423, 20. Iowa State 478, 21. Boston College 479, 22. Missouri 495

INDIVIDUALS (5k)

1. Butler, Wis. 16:51, 2. Skieresz, Ariz. 16:55, 3. Rhines, Vill. 17:02, 4. McMahon, Prov. 17:09, 5. Cobb, Stanford 17:18, 6. McCambridge, Prov. 17:22, 7. Tollefson, Vill. 17:22, 8. Carlson, Washington 17:26, 9. Fairchild, Oregon 17:28, 10. Swords, So. Methodist 17:29, 11. Flowers, Ark. 17:30, 12. Wells, Florida 17:32, 13. Murnane, Prov. 17:34, 14. Cajalitin, BYU 17:34, 15. Carison, Oregon 17:35, 16. Sanchez, Dartmouth 17:37, 17. Burroughs, Colorado 17:40, 18. Kerin, UNC Charlotte 17:42, 19. Glyde, Colorado 17:43, 20. Sullivan, Vill. 17:44, 21. Marzell, Georg. 17:45, 22. Smith, Colorado 17:46, 23. Arnill, Michigan 17:47, 24. Fry, Alabama 17:48, 25. Mallory, Ga. Tech 17:49, 26. Jost, Vill. 17:49, 27. Colonna, Arizona 17:51, 28. Harrington, Prov. 17:53, 29. Schaffer, Arizona 17:54, 30. Pugmire, BYU 17:56, 31. Stevenson, W. Forest 17:56, 32. Roberts, Colorado 17:57, 33. Sturges, Georg. 18:00, 34. Sauder, Auburn 18:01, 35. Slater, Mich. 18:02, 36. Renfro, Stanford 18:03, 37. Howard, Wis. 18:03, 38. Manwaring, Dart. 18:03, 39. McGregor, Mich. 18:03, 40. Wilson, BYU 18:04, 41. Glusac, Oreg. 18:04, 42. Gonzales, Georg. 18:04, 43. Dahlberg, Col. 18:05, 44. Haacke, Prov. 18:05, 45. Townsend, Minn. 18:05, 46. McGee, Montana St. 18:06, 47. Aparicio, BYU 18:07, 48. Chokshi, Stan. 18:07, 49. Trujillo, Auburn 18:08, 50. Donaghue, Mass. 18:08, 51. Shiferaw, USC 18:09, 52. Chan, BYU 18:09, 53. Orefice, Cal. Poly 18:10, 54. Coscia, NC St. 18:11, 55. Dueringer, Mich. St. 18:11, 56. Kujak, Wis. 18:12, 57. Pimblett, Boston Coll. 18:13, 58. Pounds, Iowa St. 18:13, 59. Davis, Oreg. 18:13, 60. Yagielski, St. Joseph's 18:13, 61. Johnson, Wash. 18:15, 62. Yaba, Cal. Irvine 18:15, 63. Quaintance, Ariz. 18:16, 64. Chard, Mich 18:16, 65. Rogers, Dart. 18:17, 66. Davis, Missouri 18:17, 67. Ward, Auburn 18:17, 68. Hall, NC St. 18:18, 69. Findlay, Col. St. 18:19, 70. Babcock, Mich. 18:19, 71. Gaddis, Bowling Green 18:20, 72. Faircloth, NC St. 18:20, 73. Fisher, Flor. 18:20, 74. McNitt, Col. 18:20, 75. Fidler, Penn St. 18:21, 76. Ortega, Texas-Pan American 18:21, 77. Gardner, Oreg. 18:21, 78. O'Toole, UConn. 18:22, 79. Lord, Georg. 18:22, 80. Daggett, Ill. St. 18:23, 81. Rogers, So. Meth. 18:23, 82. Messner, Col. 18:24, 83. Moore, Stan. 18:25, 84. Etchberger, Texas A&M 18:25, 85. Graham, Boston College 18:25, 86. Allen, Missouri 18:26, 87. O'Donnell, Montana St. 18:27, 88. McCarthy, Prov. 18:27, 89. Pierce, Dart. 18:27, 90. Owen, Ark. 18:28, 91. McGreevy, Penn St. 18:28, 92. Isco, Bowling Green 18:29, 93. Berry, Ark. 18:29, 94. Peterson, Iowa St. 18:30, 95. Akstin, Georg. 18:30, 96. McKinley, Ark. 18:30, 97. Ganiel, Prov. 18:31, 98. Jaten, Montana St. 18:31, 99. Hayes, Navy 18:32, 100. Milligan, Dart. 18:32, 101. Camacho, Ariz. 18:32, 102. Harvel, Montana St. 18:32, 103. Froese, Wash. 18:33, 104. Beirne, Boise St. 18:33, 105. Jeni Westphal, Wis. 18:34, 106. Strayer, Bowling Green 18:34, 107. Bockel, Ark. 18:34, 108. Blackmer, Neb. 18:34, 109. Sheehy, Stan. 18:34, 110. Wachera, W. Virginia 18:35, 111. Janet Westphal, Wis. 18:35, 112. Betancourt, Kansas St. 18:35, 113. Hollbacher, Mich. 18:36, 114. Snider, Ark. 18:36, 115. Cook, Ark. 18:37, 116. Grady, Florida 18:37, 117. Thornber, N. Ariz. 18:37, 118. Shepherd, Nebraska 18:38, 119. Nicolini, Auburn 18:39, 120. Hall, Bowling Green 18:39, 121. Hutton, Oklahoma 18:40, 122. Beardsell, So. Meth. 18:41, 123. Brayton, Wash. 18:41, 124. Shepherd, So. Meth. 18:41, 125. Robinson, Vill. 18:42, 126. Armstrong, Iowa St. 18:42, 127. Nay, Ariz. 18:43, 128. Teemant, BYU 18:43, 129. Clarke, Georg. 18:45, 130. Herrman, NC St. 18:47, 131. Goetze, Harvard 18:47, 132. Thompson, Montana St. 18:48, 133. Kuntz, Florida 18:49, 134. Erickson, Marquette 18:50, 135. Youngquist, Wash. 18:51, 136. Dunscombe, Stan. 18:54, 137. Losi, Bowling Green 18:54, 138. Lyman, Boston College 18:55, 139. Vitoria, Auburn 18:55, 140. Pothier, Boston College 18:55, 141. Burr, Stan. 18:56, 142. Lakas, NC St. 18:56, 143. Haremza, Missouri 18:57, 144. Kroeger, Wis. 18:57, 145. Osborne, Montana St. 18:58, 146. Godlock, N. Carolina 18:59, 147. Lucero, So. Meth. 18:59, 148. Maim, Wash. 19:00, 149. Goodison, NC St. 19:04, 150. Zwagerman, Oreg. 19:05, 151. Martini, Iowa St. 19:07, 152. Dockter, Montana St. 19:08, 153. Hollis, NC St. 19:10, 154. Kulbel, Wis. 19:12, 155. Newcome, Florida 19:14, 156. Schneider, Missouri 19:15, 157. Muething, Georg. 19:16, 158. Stump, Missouri 19:16, 159. Butterfield, Florida 19:18, 160. Elrod, Iowa St. 19:18, 161. Harre, Auburn 19:19, 162. Barber, Mich. 19:20, 163. Breidenbach, Bowling Green 19:20, 164. Smith, BYU 19:20, 165. Grady, Iowa St. 19:20, 166. Bratteng, Ariz. 19:24, 167. Swank, Rice 19:30, 168. Dolan, So. Meth. 19:30, 169. Lyne, Bowling Green 19:32, 170. Fischer, Missouri 19:33, 171. Baldelli, Boston Coll. 19:37, 172. Dwyer, Boston Col. 19:38, 173. Lake, Boston Col. 19:43, 174. Crenshaw, Dart. 19:44, 175. Knudson, Oreg. 19:54, 176. Skidmore, Iowa St. 19:54, 177. Reasor, Auburn 19:59, 178. Max, So. Meth. 20:00, 179. Kelly, Vill. 20:04, 180. Minelli, Wash. 20:05, 181. Higgins, Dart. 20:13, 182. Lee, Vill. 20:38, 183. Wolf, Missouri 21:10

DECEMBER 1995 INDOOR TRACK MEETS

- December 1 - Georgetown University, Maryland University, Naval Academy at Navy Invitational, Annapolis, Md.
- December 1 - (1) Edison HS, Mt. Vernon, W. Potomac, Stuart & (2) Washington & Lee, Yorktown, Wakefield, O'Connell at T. Jefferson HS, Alexandria, Va. (3:30 PM) - 2 separate meets -
- December 2 - Bowie State U. at West Virginia Open, W. Virginia U.
- December 8 - Paul VI HS, O'Connell, Episcopal at Episcopal HS, Alex., Va. (3:45 PM)
- December 8 - (1) W. Springfield HS, Annandale, Washington & Lee, W.T. Woodson & (2) Centreville, Robinson, Wakefield, Lake Braddock at T. Jefferson (3:30 PM)
- December 9 - George Mason U., Howard U., Maryland U. (women) at Lid-Lifter Inv., George Mason, Fairfax, Va. (11:00 AM)
- December 9 - Howard U., Maryland U. (men) at Seton Hall Inv., W. Orange, NJ
- December 9 - (1) Langley HS, Fairfax, Falls Church, Lee & (2) Marshall, McLean, Madison, T.C. Williams at Episcopal HS, Alex., Va. (7:30 AM)
- December 9 - Montgomery County Public HS at Maryland University (8:30 AM)
- December 12 - Prince George's County Public HS at Towson Relays, Towson State University, Towson, Md. (2:30 PM)
- December 14 - Prince George's & Howard County Public HS at Pangea Track Meet, 5th Regiment Armory, Baltimore, Md. (4:00 PM)
- December 15 - (1) Chantilly HS, O'Connell, Herndon, W.T. Woodson & (2) Yorktown, Wakefield, South Lakes, Oakton at T. Jefferson HS, Alex., Va. (3:30 PM)
- December 15 - Montgomery County Public HS at Hagerstown CC, Md. (3:30 PM)
- December 16 - (1) Lake Braddock HS, Hayfield, Annandale, W. Potomac & (2) Robinson, T.C. Williams, Mt. Vernon, W. Springfield at Episcopal HS, Alex., Va. (7:30 AM)
- December 20 - Anne Arundel County Public HS at Anne Arundel Relays, 5th Regiment Armory, Balt. Md.
- December 21 - Howard County Public HS at Top Flight Meet, 5th Regiment Armory,
- December 22 - (1) Stuart HS, Mt. Vernon, Edison, Washington & Lee & (2) Madison, Wakefield, Robinson, Hayfield at T. Jefferson HS, Alex., Va. (3:30 PM)
- December 23 - (1) Centreville HS, Jefferson, Chantilly, Herndon & (2) Oakton, South Lakes, W.T. Woodson, T.C. Williams at Episcopal HS, Alex., Va. (7:30 AM)
- December 27 - Prince George's County Public HS (Women) at Delaware State Games, Delaware University, Newark, De. (9:00 AM) & December 28 (Men) (9:00 AM)
- December 27 - Prince George's County Public HS at Seton Hall Games, Seton Hall University, S. Orange, NJ (9:00 AM) & December 28 (10:00 AM)

Capital Area Results
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