

Best
County
Regional
of State

TOP HIGH SCHOOL TRACK AND FIELD PERFORMANCES

1984
Times

During Championship Season

BOYS

3200m Relay— 1. Blair 7:59.8; 2. Springbrook 8:02.2; 3. Kennedy 8:07.7.

110m High Hurdles— 1. Kendall Butler (Magruder) 14.2; 2. Rosendo Rivera (Northwood) 15.3; 3. Darren Clinkscales (Wheaton) 15.5.

100m— 1. Garry Smith (B-CC) 10.7; 2. Jon Holloway (Churchill) 10.8; 3. Rodney Johnson (Kennedy) 11.1.

1600m— 1. Kris Herdt (Whitman) 4:10.3; 2. Ben Hamburger (Whitman) 4:18.7; 3. Keno Weingarten (B-CC) 4:19.6.

800m Relay— 1. Magruder 1:31.1; 2. Northwood 1:32.5; 3. Einstein 1:33.6.

400m— 1. Robert Sterling (Northwood) 49.8; 2. Pat Mason (Peary) 49.9; 3. Sean Carpenter (Seneca Valley) 50.8.

3200m— 1. Kris Herdt (Whitman) 9:04.0; 2. Artie Thatcher (Richard Montgomery) 9:46.6; 3. Chris Nugent (Springbrook) 9:41.3.

300m Intermediate Hurdles— 1. Matt Fanner (Woodward) 40.4; 2. Darren Clinkscales (Wheaton) 41.1; 3. Alan Collins (Blair) 41.3.

200m— 1. Garry Smith (B-CC) 21.9; 2. Steve Beneford (Einstein) 22.8; 3. Rodney Johnson (Kennedy) 22.9.

800m— 1. Lance Fletcher (Blair) 1:53.4; 2. Ben Hamburger (Whitman) 1:56.7; 3. Alan Collins (Blair) 1:59.0.

400m Relay— 1. B-CC 43.5; 2. Magruder 44.0; 3. Northwood 44.3.

1600m Relay— 1. Blair 3:26.0; 2. Kennedy 3:27.0; 3. Einstein 3:29.4.

Shot Put— 1. Mike Smith (Sherwood) 51-8½; 2. Jon Holloway (Churchill) 47-4; 3. Bob Hogue (Magruder) 46-9.

Discus— 1. Buddy Irby (Damascus) 150-1; 2. Nathaniel Lowen (Springbrook) 149-8; 3. Mike Smith (Sherwood) 139-9½.

Long Jump— 1. Charlie Gassaway (Gaithersburg) 23-0; 2. Rodney Cray (Rockville) 21-1; 3. Eric Martin (B-CC) 20-11½.

Triple Jump— 1. Charlie Gassaway (Gaithersburg) 46-6; 2. Robert Sterling (Northwood) 42-10½; 3. Kouzel (Woodward) 42-6½.

High Jump— 1. Kevin Joyce (Springbrook) 6-5; 2. Steve Long (Rockville) 6-4; 3. Dave Huffman (Walter Johnson), Aaron Baltimore (Einstein), Clarence Ingram (Magruder) 6-2.

Pole Vault— 1. Andrew Bevan (Magruder) 14-9; 2. John Daves (Whitman) 12-0; 3. Doug Wantling (Peary) 11-6.

GIRLS

3200m Relay— 1. Whitman 9:51.8; 2. Churchill 9:56.8; 3. Springbrook 10:00.2.

100m High Hurdles— 1. LaDonna Gooden (Einstein) 15.8; 2. Angle Padua (Wheaton) 16.1; 3. Sarah Epstein (Churchill) 16.9.

100m— 1. Monda Webb (Blair) 12.2; 2. LaShawn Haythe (Gaithersburg) 12.3; 3. Charlott Welch (B-CC) 12.4.

1600m— 1. Lisa Winter (Gaithersburg) 5:08.0; 2. Beth Jacobson (Kennedy) 5:09.1; 3. Tammy DeVore (Churchill) 5:09.2.

800m Relay— 1. Magruder 1:45.8; 2. Churchill 1:48.2; 3. Walter Johnson 1:48.3.

400m— 1. Sylvia Ayensu (Walter Johnson) 57.9; 2. Monda Webb (Blair) 59.7; 3. Ginger Stewart (Churchill) 60.5.

3200m— 1. Beth Jacobson (Kennedy) 11:01.7 (state meet record); 2. Lisa Winter (Gaithersburg) 11:22.0; 3. Mary Bodnar (Einstein) 11:32.0.

300m Intermediate Hurdles— 1. LaDonna Gooden (Einstein) 48.0; 2. Laura Chanchien (Churchill) 48.7; 3. Ashley Wisner (Einstein) 49.8.

200m— 1. Monda Webb (Blair) 25.0; 2. Charlott Welch (B-CC) 25.8; 3. Sylvia Ayensu (Walter Johnson) 26.1.

800m— 1. Ginger Stewart (Churchill) 2:19.0; 2. Kim Dorio (Seneca Valley) 2:20.0; 3. Beth Maris (Whitman) 2:22.1.

400m Relay— 1. Magruder 50.3; 2. B-CC 52.2; 3. Churchill, Damascus 52.3.

1600m Relay— 1. Woodward 4:13.8; 2. Walter Johnson 4:15.0; 3. Peary 4:15.8.

Shot Put— 1. Amy Schwinn (Whitman) 39-4; 2. Allison Armstrong (Kennedy) 36-9; 3. Tracy Lake (Einstein) 34-6.

Discus— 1. Amy Schwinn (Whitman) 118-11½; 2. Tracy Lake (Einstein) 117-¼; 3. Demas (Whitman) 105-5.

Long Jump— 1. Wanda Evans (Magruder) 17-5; 2. LaDonna Gooden (Einstein) 16-7½; 3. Sarah Epstein (Churchill) 16-1½.

Triple Jump— 1. Nancy Koehler (Peary) 34-6; 2. Susan Friedland (Churchill) 33-5½; 3. LaShawn Haythe (Gaithersburg) 32-11½.

High Jump— 1. Ginny Hanton (Sherwood) 5-7 (all-time state mark); 2. Melissa Bates (Springbrook) 5-0; 3. Lori Gieselman (Paint Branch) 4-10.