

Landon Relays - Meet Records

<u>Event</u>	<u>Team</u>	<u>Record</u>
Shot Put Relay	Episcopal(Smith, Langhammer) 1978	102' 9"
Discus Relay	Bullis(Helekjaer, McGlasson) 1976	307' 9"
Long Jump Relay	Churchill(Thomas, Wilson) 1978	42' 4½"
Triple Jump Relay	St. Albans(Gyasi-Twum, Coleman) 1978	86' 2"
Pole Vault Relay	Episcopal(Barwick, Geer) 1979	24' 0"
High Jump Relay	Sherwood(Perrone, Bayer) 1978	12' 6"
Four Mile Relay	Landon(Schelp, Spence, Parker, Kerwin) 1979	18:07.8
Two Mile Relay	St. Albans(Gyasi-Twum, Ruiz, Washington, Brown) 1978	7:55.8
Distance Medley Relay	Landon(Schelp, Alkeh, Kerwin, Parker) 1979	10:23.6
Sprint Medley Relay	St. Albans(Washington, Duckenfield, Lyles, Brown) 1980	3:35.1
Shuttle Hurdle Relay	McNamara(Brown, Lloyd, Shelton, Brown) 1978	1:02.1
One Mile Relay	St. Albans(Gyasi-Twum, Brown, Washington, Lyles) 1978	3:27.0
380 Yard Relay	Churchill(Wilson, White, Alston Brown, Dork) 1978	1:32.4
440 Yard Relay	Carroll(Payne, Younger, White, Alston) 1977	43.9
Junior High School Sprint Medley	St. Albans(Pandolph, Lyles, Maloney, Washington) 1977	3:57.2